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Polish-English cognates and doublets: Morphosemantic evolution of selected Proto-Indo-European roots into related lexemes in Polish and English

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Abstract

The following article will attempt to visualise the relationship between Polish and English by presenting selected examples of cognates and doublets (so called 'etymological twins', or related words found in one language) in both languages, following their etymology and the semantic and morphological changes to which they were subject. The evolution of the Proto-Indo-European roots *lendh- 'loin', *sh2el- 'salt' *ph3i- 'drink' *seh1- 'to impress, insert; to sow, plant' will be investigated, as well as the morphological and semantic changes the words descending from these roots have undergone, such as the use of metaphor, metonymy, specialisation or generalisation. Doublets and cognates in Polish and English will be presented and described.

Keywords

Proto-Indo-European, etymology, doublet, cognate

Polsko-angielskie wyrazy pokrewne i dublety. Ewolucja morfosemantyczna wybranych rdzeni praindoeuropejskich w pokrewne leksemy w języku polskim i angielskim

Abstrakt

W niniejszym artykule unaocznię pokrewieństwo między językiem polskim i angielskim przedstawiając wybrane przykłady słów pokrewnych występujących w obu językach, prześledzę ich etymologię oraz zmiany semantyczne i morfologiczne jakim podległy. Zbadam ewolucję rdzeni praindoeuropejskich *lendh-'lędźwie, *sh₂el-'sól *ph₃i-'pić, poić *sehı-'wciskać; sadzić, siać', a także zmiany morfologiczne i semantyczne, jakim podległy słowa wywodzące się z tych rdzeni, takie jak użycie metafory, metonimii, specjalizacji czy uogólnienia. Zaprezentuję i opiszę dublety i słowa pokrewne (ang. cognates) w języku polskim i angielskim.

Słowa kluczowe

praindoeuropejski, etymologia, dublet, wyraz pokrewny

1. Theoretical background

1.1. Introduction

All Indo-European languages have undergone significant changes since the first Proto-Indo-Europeans stepped out of their cradles. The proto-language divided into families, dialects, and finally, separate languages to take the forms we know to-day, and these forms – if we consider living languages – are neither final nor unchanging.

The research on words descending from a common root provides an insight into the evolution of languages and confirms that Polish and English are sister languages descending from the common Proto-Indo-European source and often following similar semantic patterns.

This paper will attempt to visualise the relationship between Polish and English by presenting selected examples of cognates and doublets (so called 'etymological twins', or related words found in one language) in both languages, following their etymology and the semantic and morphological changes to which they were subject. The evolution of selected Proto-Indo-European roots will be investigated, as well as the morphological and semantic changes the words descending from these roots have undergone, such as the use of metaphor, metonymy, specialisation or generalisation. Doublets and cognates in Polish and English will be presented and described.

1.2. Historical-comparative linguistics and lexical semantics

In order to understand the angle of this article's research, let us consider the definition of comparative-historical linguistics, as it is through this tool that the matter shall be addressed. Historical (also: diachronic) and comparative linguistics is the scientific study of language change over time. All living languages evolve - "divergence or death is the normal fate of languages" (Ringe, 2009). There are several principles which this field of study follows, such as describing changes languages undergo, the reconstruction of languages no longer used, and the ancestral languages of today's tongues, as well as descriptions of how the languages relate to each other and how they can be grouped into language families. Furthermore, comparative-historical linguistics studies words' etymology, i.e. the history of words, and can trace the origin of related words in different languages to the common ancestral proto-word in a reconstructed proto-language, as well as account for the history of the semantic changes that related words underwent (Radford et al. 1999).

Another angle of research used in the present article is lexical semantics. As Geeraerts (2017) states: "Lexical semantics is the study of word meaning. Descriptively speaking, the main topics studied within lexical semantics involve either the inter-

nal semantic structure of words, or the semantic relations that occur within the vocabulary." The former topic is the focus of the attention of historical semantics, which has been written about by Sieradzka-Baziur (2017): "Historical semantics in linguistics is the direction of research on the meaning of linguistic units in the diachronic approach" (translation: W.K.-U.). The present article focuses on contrasting Polish-English cognates from a diachronic perspective. As explained by Rychło (2019: 16), including a diachronic perspective in contrastive linguistics will not result in the same discipline as historical and comparative linguistics, "because historical and comparative linguistics does not aim at explaining similarities and differences between the modern languages, but instead compares [...] languages with a view to reconstructing the common ancestor or the changes which occurred in the languages under comparison".

It is a study which helps us understand language, its use now and in the past, as well as the provenance of words and expressions in daily used, which are much more comprehensible indeed if we know their origin, e.g. *bibula* (Pol. 'blotting paper'), is a derivative of Lat. *bibere* 'to drink' (*bibulus* 'thirsty, absorbent'), and ultimately means 'drinking (paper)', as this kind of paper was used for dr inking in ink stains. Expressions and words such as *to eat humble pie*, *symposium*, and the correlation between *salt*, *halogen* and *rosól* (Pol. 'broth') will be discussed in further sections.

1.3. Cognates

How can one be certain that an ancestral mother tongue in fact existed? Linguists investigate basic words, which might have been used by pre-modern societies to name objects in the world surrounding them and the activities that they performed. Such words are still used today throughout the Indo-European community. The Swadesh lists can be utilised for this purpose. These lists are compilations of basic concepts, first collected by Morris Swadesh in 1950 (originally comprising 215 words

[Swadesh 1950: 161]), which can be used for lexicostatistics or historical-comparative linguistics. Such words from different languages are compared, and if they demonstrate morphological and phonetic similarities (apart from obvious semantic ones), then a conclusion can be drawn that such words have descended from a common ancestral source. Examples of such related words are presented in Table 1. Numerals are also worth comparing for such a purpose (see Table 2).

Table 1Similarities between Indo-European words

PIE	*ph2ter-	*meh2ter-	*swésor-
Mod. English	father	mother	sister
Old English	fæder	mōdor	sweostor
German	Vater	Mutter	Schwester
Latin	pater	māter	soror
Ancient Greek	patḗr	mḗtēr	
Sanskrit	pitṛ	mātṛ	svasŗ
French	père	mère	sœur
Spanish	padre	madre	
Russian		mat'	sestra
Polish	(stryj	matka	siostra
	'uncle')		
PIE	*widhewa	*nokwt-	*h2stḗr-
	*h2wi-dhh1-uh2-		
Mod. English	widow	night	star
Old English	widewe	næht	steorra
German	Witwe	Nacht	Stern
Latin	vidua	nox	stella
		(noctis)	
Ancient Greek		nýx	ástron
		(nyktós)	
Sanskrit	vidhavā	niś	stŗ
French	veuve	nuit	étoile
Spanish	viuda	noche	estrella
Russian	vdova	noch'	
Polish	wdowa	noc	

PIE	*bhreh ₂ -ter-	*dhugh ₂ -ter-	*suH-nú-
Mod. English	brother	daughter	son
Old English	brōþor	dōhtor	sunu
German	Bruder	Tochter	Sohn
Latin	frāter		
Ancient Greek	fratér	thygátēr	hyiós
Sanskrit	bhrātṛ	duhitṛ	sūnu
French	frère		
Spanish			
Russian	brat	doch'	sin
Polish	brat	córka	syn
PIE	*snigwh-	*séh2u-l/n-	*meh ₁ n-s-
Mod. English	snow	sun	moon
Old English	snāw	sunne	mōna
German	Schnee	Sonne	Mond
Latin	nix (nivis)	sōl	mensis 'month'
Ancient Greek	nifas 'flake'	hélios	mến 'month'
Sanskrit	snih 'sticky'	sūnu	mās 'month'
French	neige	soleil	mois 'month'
Spanish	nieve	sol	mes 'month'
Russian	sneg	solntse	mesyats 'month'
Polish	śnieg	słońce	miesiąc 'month'

 Table 2

 Similarities between Indo-European numerals

PIE	*Hoi(H)nos	*dwoh1	*treyes
Mod. English	one	two	three
Old English	ān	tpeġen, tpa	Þrēo
German	eins	zwei	drei
Latin	unus	duo	tres
Ancient Greek	heîs	dýo	treîs
Sanskrit	eka	dvi	tri
French	un	deux	trois
Spanish	uno	dos	tres
Russian	odin	dva	tri
Polish	jeden	dwa	trzy

PIE	*kwétwōr	*penkwe	*dkmtóm
Mod. English	four	five	hundred
Old English	fēoper	fīf	hundred
German	vier	fünf	hundert
Latin	quattuor	quinque	centum
Ancient Greek	téttares	pénte	hekatón
Sanskrit	catur	pañca	șaț
French	quatre	cinq	cent
Spanish	quatro	cinco	ciento
Russian	chetire	pyat'	sto
Polish	cztery	pięć	sto

The numerals presented in Table 2 do not display such vocabulary gaps as the words presented in Table 1. Probably that is because numerals were brought to Europe (and parts of India) by the Proto-Indo-Europeans and were not borrowed from the aboriginal Europeans. According to Kortland (2010: 18),

The wide attestation of the Indo-European numerals must be attributed to the development of trade which accompanied the increased mobility of the Indo-Europeans at the time of their expansions. Numerals do not belong to the basic vocabulary of a Neolithic culture, as is clear from their absence in Proto-Uralic and the spread of Chinese numerals throughout East Asia.

The last column in Table 2 visualises the evolution of the word hundred in Indo-European languages. It is on the basis of these differences that the centum and satem languages have been distinguished (named after the words for hundred in Latin and Avestan, respectively). The centum languages, being the peripheral dialects of Proto-Indo-European, were the first to separate from the PIE language family. English, being a centum language itself, underwent the characteristic phonetic change from the soft PIE *k to the English h, as in the word hundred. Polish, on the other hand, underwent the sound change typical of the central dialects of PIE, which were the last to separate; the *k changed into an s, which can be observed in the Polish sto (Milewski 1969: 176).

1.4. Proto-Indo-European and Proto-Indo-Europeans

The similarities between the words presented in Table 1 and Table 2 in the previous section are too considerable for them to be a coincidence. Linguists conclude that most Indo-European languages are related and come from Proto-Indo-European, the reconstructed mother tongue of most languages spoken in Europe and India. PIE is estimated to have been spoken as a single language from 4500 BC to 2500 BC during the Late Neolithic to Early Bronze Age and the first impetus for the Proto-Indo-Europeans to disperse was the domestication of the horse (Mallory, Adams 1997). The Kurgan hypothesis (Fortson 2004), first formulated by Marija Gimbutas, argues that Proto-Indo-Europeans may be identified with the archaeological culture of the Kurgans, which is the Russian word for a burial mound - kurgan in which the Kurgans buried their dead. This people may have lived between the Black and Caspian Seas approximately six thousand years ago.

Their culture bears many similarities to what we know of the Proto-Indo-European culture, which has been reconstructed on the basis of language study. By comparing similar words in Indo-European languages which we have records of, we can deduce where and how they lived, what they ate, what tools they used and what the place they inhabited looked like.

Based on the above, conclusions can be drawn about the territories they initially inhabited. Language study enables scientists to learn about non-material aspects of culture, which would be impossible should we rely solely on archaeology.

According to Brinton and Arnovick (2006), there are a number of facts that we can assess about the Proto-Indo-Europeans based on the study of language, the most interesting of which are:

- they worshipped gods, engaged in rituals and had priests and seers.
- their society was patriarchal,

- they cultivated a variety of crops and kept a number of domesticated animals,
- they made use of diverse skills and comparatively advanced tools,
- they used a variety of different means of transportation, such as rowed or poled vessels, as well as walking, and horse riding, which were important in their migrations,
- they measured the year in agricultural terms as well as according to the lunar month,
- they oriented themselves in terms of natural phenomena: east was associated with the dawn and west with the dusk ,
- they counted using the decimal system and may also have had a counting system based on twelve,
- their society was based on reciprocity with great importance attached to exchange, compensation, restitution, hospitality, oath-making and gift-giving,
- oral poetry was very important and made use of a special, very rich vocabulary,
- they knew snow, cloudy skies and thunder (although the words for rain differ),
- they knew boggy terrain and uncultivated land or forest and they encountered lakes,
- they knew different kinds of trees and animals characteristic of the temperate climate of eastern and central Europe.

Language studies enable us not only to reconstruct the protolanguages, but also to investigate how languages forming one language family are related to one another and to track their evolution.

Linguists have adopted the image of a genealogical tree to envisage language evolution, and have borrowed biological terms (such as *mother-language*, *sister languages*, *ancestors* and *descendants*) and, naturally, the very idea of evolution, to describe the changes languages undergo.

1.5. Cognates, doublets and borrowings

How can one be certain that the cognates presented in Tab.1 are not, in fact, borrowings? Indeed, there are many similar words in Indo-European languages (and outside of them) which bear close resemblances, such as the English computer, the Polish komputer, the Russian компьютер [komp'yuter], the Hindi कंप्युटर [kampyootar]. However, such loanwords have not undergone the phonetic changes, which words native to a language (or ones which have been in use in a language for a considerable length of time) are susceptible to. What is more, the word computer is a relatively new one, invented to name a relatively recently developed device, and thus the resemblances of the words in different languages are due to their having been borrowed, and not the words' common ancient ancestry. What is interesting is that there seems to be a well-known, although little studied, rule about lexical borrowing which claims that a language borrows what it lacks in its culture and environment (Deroy 1956: 57, after Quentel 2018:34).

A convincing definition of cognate was provided by Trask (2000: 62, after Rychło 2019: 17), who stated that a cognate is "one of two or more words or morphemes which are directly descended from a single ancestral form in the single common ancestor of the languages in which the words or morphemes are found, with no borrowing".

The following examples of cognates found in Indo-European languages illustrate word evolution, together with language-specific phonetic changes, proving the words' common ancient ancestry.

(A) PIE * h_1d -ont- 'tooth', Latin dentis 'tooth', Polish dziąsło 'gum', English tooth. In this example, Grimm's Law can be observed in the case of English, which states that the PIE *d became the Germanic t, and the PIE *t became the Germanic th. In the case of Polish, we observe palatalisation of the PIE *d into Polish dzi. Such phonetic changes have been described by linguists in detail and cognates can be identified on their basis.

Moreover, borrowings and the approximate time of their appearance in a language can be identified based on the level of their phonetic evolution comparable to the time periods of given phonetic changes in a language. A word borrowed into a language before a specific phonetic change will undergo that change, whereas a word borrowed after the occurrence of that change will not bear the traits of that alteration.

(B) Thus, another example of related words are the ones descended from the PIE *qrh2-no- 'grain': the English kernel, the Polish ziarno, the Latin grānum. The Latin word has been borrowed into Polish and English, forming words such as grain, granulka/granule, granit/granite, or granat/ grenade, pomegranate. The semantic evolution is based on the concept of 'consisting of grains, breaking up into grains, small pieces'. Interestingly, the Polish granat translates to as many as four distinct English words: pomegranate; grenade; navy blue; garnet, and meant 'consisting of many grains'; originally it referred to the fruit and subsequently to the weapon; with the colour in reference to the fruit - first it named a purple, scarlet shade, and the semantic shift occurred later - the gem in reference to the fruit's grains and colour. In the Latin borrowings, we do not observe the sound changes typical of Polish and English, and which the words native to these languages (kernel, ziarno) have undergone.

When a cognate is borrowed into a language, a doublet may come into existence, e.g. Polish *ziarno* 'grain' and *granulka* 'granule'. Cognates, however, are not the only possible source of doublets. In spite of the fact that the term doublet is widely used by numerous linguists, views diverge on what a doublet is and what it is not. Bloomer provides a valuable insight on the matter in his article *Types of Linguistic Doublets* (1998), in which he compares and contrasts linguists' view on the matter. Thus, a general consensus among most linguists states that doublets must occur in one given language, there can be more than two in number (e.g. triplets), they can represent various word classes (nouns, verbs, adjectives, etc.) and, depending on their

source, they can be base forms, derivations or compounds. Additionally, there must be a phonological and semantic difference between the lexemes constituting the doublet, though stipulations on the nature of the semantic divergence vary. Doublets can come into existence by means of lexeme differentiation in one language or they can be transmitted by borrowing and they must descend from a common source.

A "common source" is understood in two distinct manners: (1) the words must go back to a single etymon (in a diachronic sense), and (a) the doublet participants either go back to an etymon with or without the same inflexion (e.g. Fr. août 'August' ≈ Fr. auguste 'venerable, majestic', both from the Lat. augustus 'sacred, majestic, venerable'), or (b) one doublet participant goes back to an etymon with or without inflexion, and the other to the same etymon with a different inflexion (e.g. spoil, from the Lat. spoliare 'rob', and spoliate, from the Lat. spoliatus 'robbed, ruined, wasted'). (2) The common source is understood in a synchronic manner, where, even though only one of the doublet participants may have existed in the language at an earlier stage, both can be traced back to a common base morpheme which explains their structure as derivations or inflected word forms (e.g. Ger. *gesandt* 'sent' [obsolete] = *gesendet* 'sent', both from senden 'send' or Pol. przygotować 'prepare' ≈ ugotować 'cook', originally 'prepare', both from *gotować* 'cook, prepare, ready'). Yet another approach (3) is that the doublet participants need not derive from the same source, even though, similarly to the previous example, only one of the words had existed in the language at an earlier stage (e.g. kingly ≈ royal). Thus, if all of the above criteria are agreed on to form doublets, type (1) would be etymological doublets ([1a] pure etymological doublets, [1b] mixed etymological doublets), type (2) morphological doublets (in this category three subtypes can be distinguished: [2a] inflexional doublets, [2b] morphosyntactic doublets, [2c] derivational doublets), type (3) lexical doublets. Furthermore, "most of the subtypes can be separated further according to whether the

difference in meaning between forms at the current synchronic state is denotational or connotational" (Bloomer, 1998: 2).

Another classification of doublets can be made by segregating them according to the route through which they entered a language. Thus, doublets can be categorised with regard to (1) the route through which the words forming a doublet entered the language, and (2) based on the language from which one of the words forming a doublet has been borrowed (Kamola-Uberman, 2018).

The route criterion determines several types of doublets:

- (a) native-native provenance; a word in one language split into two or more separate lexemes, e.g. *shadow*, *shade*, *shed*, all from the Old English *sceadu* 'shadow, shade', or the Polish *pochwa* 'sheath, case; vagina' and *poszwa* 'pillowcase, cover', both of which expressed the same meaning of 'that which covers, a cover' in the 16th century, and were used interchangeably (for examples of usage see Buttler 1978: 49);
- (b) native-borrowed provenance, where one word is native and the other is borrowed from a different language, e.g., native Germanic word, and verb, a borrowing from Latin, both ultimately from the PIE *werhi- 'to speak'. In Polish, an example of such a doublet is the previously mentioned ziarno 'grain' and granulka 'granule', both ultimately from the PIE *grh2-no- 'grain';
- (c) borrowed-borrowed provenance, which can be observed mainly in English, which boasts a long history of borrowings from Latin and French, especially from Norman French in the earlier period and Central French in the later period, e.g. flame (French) and conflagration (Latin), both ultimately from the PIE *bhleg- 'to shine, flash, burn'; canal (Norman French) and channel (Central French), both ultimately from the Latin canalis 'groove, channel, waterpipe'. There are also words borrowed from Spanish and French which form doublets in both English and Polish: sauce/sos (from French) and salsa (from Spanish), all ultimately from the PIE *sh2el- 'salt'.

As regards the criterion of the source language, in the case of English, the main languages from which it borrowed are Latin, French, and the Scandinavian languages, but it also borrows heavily from Greek, Italian, Spanish, Arabic, Dutch and German. According to surveys conducted by Finkenstaedt, Wolff, Neuhaus, and Herget (1973), Williams (1986), the makeup of English vocabulary can be presented as follows: Latin (including words used exclusively in scientific, medical or legal context) 29 %, French 29 %, Germanic 26 %, Greek 6 %, other 10 %. According to Skeat (1892), English consists of 178 Anglo-Saxon root words and 280 root words descended from other languages, the majority of which were borrowed from Latin or Greek (after Javed, Xiao, Nazli 2012).

In the case of Polish, we can mention Czech, Latin, German, Italian, French, Russian, Turkish and English as the main sources of loanwords (Walczak 1995). Bańko, in an entry to the PWN Language Counselling Centre from 2011, estimates the number of Polish loanwords based on etymological information in the PWN Grand Dictionary of Foreign Words as follows: French 5,889, Latin 5,806, Greek 4,096, English 3,593, German 2,978, and Italian 1,250. He enumerates only the languages which have been mentioned at least 1,000 times.

Mostly, however, doublets are formed not only by pairs of words, but it is also possible to find whole families of related words in a given language. Comparing these families of related words in two or more languages allows for an insight into the words' evolution and how the human mind finds correlations and parallels between concepts, and thus names certain phenomena in certain ways.

2. Examples of borrowings, cognates and doublets in Polish and English deriving from a common Proto-Indo-European source

2.1. PIE *lendh- 'loin'

The English *loin* and its Polish counterpart, *lędźwie*, both ultimately originate from the PIE **lendh*- 'loin', although in the case

of English the lexeme is a borrowing, so they cannot be considered cognates.

In Polish, it is an originally Slavic lexeme found in other Slavic languages, e.g. the Czech <code>ledvi</code> (arch.) 'thigh, groin, (horse) entrails'; the Russian (arch.) <code>ljádvieja</code> 'thigh'; the Serbo-Croatian <code>ledvija</code> 'loins'; the Old Church Slavonic <code>ledvije</code> 'loins'. All derive from the Proto-Slavic *<code>ledvoje</code> 'loins, kidneys' which is a collective noun deriving from the Proto-Slavic *<code>ledvo</code> 'loin, kidney'. Derivatives in Polish include the archaic <code>ledźwica</code> or <code>ledźwina</code> 'inner upper thigh; bird rump; kidney' and <code>poledwica</code> 'fillet, tenderloin'. In two of the mentioned cases we observe the suffix <code>-ica</code>, which denotes the concept of 'pertaining to; made of', similarly as in <code>miednica</code> 'pelvis; basin', originally 'made of copper (miedź)' or <code>mietlica</code> 'a type of grass; Agrostis', originally 'similar to a broom (miotła)'; and in the case of the third lexeme a suffix <code>-ina</code> is visible, similarly as in other words naming meat, e.g. <code>sarnina</code> 'deer meat' (<code>sarna</code> 'deer').

In the case of English, the native lexeme was the Old English lendenu 'loins' deriving from the Proto-Germanic *landwin-(source also of German Lende 'loin', Lenden 'loins'; the Old High German lentīn 'kidneys, loins', the Old Saxon lendin, the Middle Dutch lendine, the Dutch lende, the Old Norse lend 'loin', and related words, such as the Old Norse lunder 'ham, buttock', the Old High German lunda 'tallow').

Loin, in Middle English loyne, is a borrowing from loigne, logne, variants of the Old French longe 'loin', which derives from the Medieval Latin *lumbea, from *lumbea caro 'meat of the loin', a feminine form of *lumbeus, an adjective used as a noun, from the Latin lumbus 'loin', from the PIE *londh-wo. Related words in English include lumbar 'pertaining to or situated near the loins', which was formed by the addition of the suffix -ar, similarly as in alveolar 'pertaining to the sockets of the teeth'; lumbago 'weakness of loins and lower back' (which is also present in Polish); loin-cloth 'cloth worn about the loins'; probably lambada 'sensual Brazilian dance using pronounced movement of the hips'; sirloin, a variant spelling of surloin, from the French

surlonge, literally 'upper part of the loin', from sur 'over, above' + longe 'loin', from the Old French loigne; numbles 'edible viscera of animals, entrails of a deer', which entered English through the French nomble 'loin of veal, fillet of beef, haunch of venison', from the Old French numbles, nombles (plural) 'ditto', dissimilated from *lombles, plural of *lomble, from the Latin lumbulus, diminutive of lumbus 'loin'.

Numbles descended from the Middle English umbles 'offal', with loss of n- through the process of metanalysis, i.e. a reinterpretation or a transfer of morphemic boundaries, in this case resulting in a reinterpretation of the boundary between the word and an article preceding it, similarly as in the case of other English words, such as an adder, earlier a nadder, an apron, earlier a napron. Umble pie 'pie made from umbles' was considered low-class food, and through the similarity in pronunciation with humble (the h was silent), the proverb to eat humble pie 'make a humble apology and accept humiliation' was created.

Thus, the Polish *lędźwie* and the French *lombes* 'loins' and *longe* 'loin, tether, thong', as well as the Old English *lendenu* 'loins' can be considered cognates. *Lędźwica* and *polędwica* are an example of a doublet (derivational doublet of native-native origin), as are *loin* and *numbles* (mixed etymological doublet of borrowed-borrowed origin).

All of the above lexemes semantically adhere to the concept of *loin*, denoting meat, organs or edible animal parts from that bodily region, medical conditions connected with that bodily region, the movement of that bodily region, or clothing worn about that region, thus presenting metonymy.

2.2. PIE *sh2el- 'salt'

The Proto-Indo-European $*sh_2el$ - 'salt' proves to be a rich source of related words in Polish and English. The word descended into the Latin $s\bar{a}l$ 'salt', and the form salsus 'salted' (from the past participle of Old Latin sallere 'to salt') became the basis for

a number of words which have been borrowed into Polish and English.

The first example is the Spanish salsa 'type of sauce', originally 'something salted, seasoned' from the Vulgar Latin *salsa 'condiment'. The word was borrowed into Polish and English around the 19th century. Later it was used to name the genre of music through the use of metaphor, as it was a mixture of Latin jazz and rock, similarly to the salsa sauce consisting of various chopped, mixed ingredients.

In French, the word took the form *sausse*, which in English and Polish became the loanwords *sauce* and *sos*. As in the case of *salsa*, it referred to 'something salted, tasty spice, condiment'. The written records of the word date back to the mid-14th century in English and to the 18th century in Polish. The adjective *saucy* 'resembling sauce', which later evolved to mean 'impertinent, cheeky' (with an alteration *sassy*, back-formed into *sass* 'impudence') was formed by using a metaphor 'piquancy in words or actions'.

Sausage, in Middle English sausige, was borrowed from the Old North French saussiche (corresponding to the Modern French saucisse), from the Vulgar Latin *salsicia 'sausage', from salsicus 'seasoned with salt', from the Latin salsus 'salted'.

The Polish *salceson* 'headcheese, brawn' has its source most probably in the Italian *salsiccione* 'sausage', as it was imported to Poland from Italy around the 15^{th} – 17^{th} century.

Salami is yet another sausage name that was borrowed by both Polish and English circa the 19th century. It derives from the Italian *salami*, plural of *salame* 'spiced pork sausage', from the Vulgar Latin *salamen, from *salare 'to salt'.

The Latin *salare is a rich source of derivatives in both Polish and English, e.g. salad, which is a borrowing from the Old French salade (circa 14th century), from the Vulgar Latin *salata, literally 'salted', which in turn is an abbreviation of herba salata 'salted vegetables', as vegetables seasoned with brine were a popular Roman dish. Other examples of borrowings include the Polish salata 'lettuce' (originally: 'a dish comprised

of vegetables cut into pieces', and, lettuce being the most common ingredient of salads, it acquired the name itself), and salatka 'salad'; the l [w] points to an early loan; salaterka 'saladbowl' is a borrowing from the French $salati\`ere$.

Salary is another example of a Latin derivative; initially, it probably meant 'salt money, a soldier's allowance for the purchase of salt' or 'annual income from the sale of salt'. It entered English through the Anglo-French salarie, from the Old French salaire 'wages, pay, reward', from the Latin salarium 'an allowance, a stipend, a pension', which is the noun use of a neuter of adjective the salarius 'of or pertaining to salt; yearly revenue from the sale of salt', as a noun, 'a dealer in salt fish'.

Saltpetre (saltpeter), in Middle English salpetre was borrowed from the Old French salpetre, which derived from the Medieval Latin $s\bar{a}l$ petrae, literally 'salt of the rock' – named so because of its resemblance to salt settled on rocks and being found as an incrustation, from the Latin $s\bar{a}l$ 'salt' + petra 'rock, stone'. The a Iteration of the first element is from the folk-ety-mological association with the native Germanic salt (which is a cognate to the Latin $s\bar{a}l$). The Polish counterpart saletra 'saltpetre', attested since the 17^{th} century , is a borrowing from the Medieval Latin saletrum.

In Greek, the PIE root took the form *hals* 'salt', and borrowings can be found both in Polish and in English: *halogen* (halogens are the chemical elements fluorine (F), chlorine (Cl), bromine (Br), iodine (I) and astat (At) which form salts in their reaction with metals; the halogen lamp contains inert gas with a small amount of one of the halogens); *isohaline/izohalina* – an isoline on the map connecting points with the same degree of salinity. *Halite/halit*, i.e. salt rock, a mineral whose main component is sodium chloride.

In Germanic languages, the PIE root descended into the Proto-Germanic *saltom (which is also the source of Old Saxon, Old Norse, Old Frisian, and Gothic salt, Dutch zout, German Salz), into the Old English sealt 'salt' and finally the Modern English salt. Silt, originally 'sediment deposited by seawater', is

also of Germanic provenance, probably from a Scandinavian source (in Norwegian and Danish related word *sylt* 'salt marsh' exists), or from the Middle Low German or Middle Dutch *silte*, *sulte* 'salt marsh, brine', from the Proto-Germanic **sult-ja*-(source also of Old English *sealt*, Old High German *sulza* 'salt-water', German *Sülze* 'brine'). *Souse* 'to pickle, steep in vinegar' has been borrowed from the Old French adjective *sous* 'preserved in salt and vinegar', but is ultimately from a Germanic source, probably from the Frankish **sultja* or some other Germanic source, from the Proto-Germanic **salta*- 'salt'.

In Slavic languages, there are also a number of derivatives, as the PIE root descended into the Proto-Slavic *solb- 'salt' (cognates in other Slavic languages include Czech sūl, Russian sol', and Old Church Slavonic solb 'salt'). The adjective slony 'salty' was a basis for slonina 'bacon, lard, pork fat', literally 'something salted', with the suffix -ina, similarly as in other names for meat, e.g wieprzowina 'pork' (wieprz 'hog') or cielecina 'veal' (ciele 'calf'). Solić 'to salt', from the Proto-Slavic *soliti 'to salt, season with salt, make salty' is a source of solnica > solniczka (a diminutive) 'salt shaker' is also a derivative with the suffix -ica, often denoting tools or containers, as in donica 'flower pot', from the Proto-Slavic *dojonica 'a container used for milking' (from doić 'to milk'), as well as solanka 'brine', with the suffix -anka, similar as in grzanka 'toast' (from grzać 'to heat') or leżanka 'couch, chaise longue' (from leżeć 'to lie down').

The traces of the PIE root are also found in rosól 'broth', in Old Polish 'brine' formed from the Proto-Slavic *orzsol⁶ 'brine, salty water used for preserving food', from the Proto-Slavic *orzsoliti 'season with salt, preserve with salt', from the Proto-Slavic *soliti 'to salt'). The prefix roz- is common in most Slavic languages and derives from the Proto-Slavic *orz(v)- 'separately, from, of', from the PIE *er- 'to separate' (-z probably added under the influence of the Proto-Slavic forms of contemporary bez 'without', przez 'through', wz-).

Interestingly enough, the Polish words słód 'malt', słodki 'sweet', słodycz 'sweetness; sweets' are also ultimately derived

from the PIE * sh_2el -. The Proto-Slavic *soldvkv 'tasty, palatable; sweet; pleasant, nice' had a suffix *-vkv layered on the primary adjective †soldv 'ditto', which derives from the PIE * sh_2el - $d\bar{u}$ -, most probably 'seasoned with salt, salty' > 'tasty, palatable' > 'sweet', the derivative of which is also noted in the Lithuanian saldus 'sweet', and Latvian salds 'sweet'.

A great number of lexemes derived from the PIE root *sh2el-namely salted dishes: sos, salsa, sauce, sausage, salceson, salami, słonina, rosół, which does not seem unusual, as salt has been a widely used preservative, as well as seasoning. Examples of cognates include salt, sól, sāl; słodki, saldus, salds.

Examples of etymological doublets include *slony* and *slodki* (mixed etymological doublets of native-native origin); *salata* and *salatka* (derivational doublets of borrowed-borrowed origin); *sos* and *salsa* (pure etymological doublet of borrowed-borrowed origin); *sauce* and *salsa* (pure etymological doublet of borrowed-borrowed origin); *rosól* and *solanka* (mixed etymological doublets of native-native origin), *halit* and *sól*, *halit* and *salt* (mixed etymological doublets of native-borrowed origin), *salceson* and *salami*, *sausage* and *salami* (mixed etymological doublets of borrowed-borrowed origin).

2.3. PIE *seh- 'to impress, insert; to sow, plant'

The PIE root *sehi- descended into Latin as semen 'seed of plants, animals, or men; race, inborn characteristic; posterity, progeny, offspring', figuratively 'origin, essence, principle, cause' (from the PIE *séhimn 'seed') and is a source of numerous English words, such as semen, disseminate 'to scatter or sow for propagation', from the Latin disseminatus, the past participle of disseminare 'to spread abroad, disseminate', from dis- 'in every direction' + seminare 'to plant, propagate' (in Middle English dissemen 'to scatter' was present); inseminate, with an earlier meaning 'to cast as seed', which derived from inseminatus, the past participle of the Latin inseminare 'to sow, implant', from in- 'in' + semen 'seed'; and in Polish, a borrowing inse-minacja

'artificial insemination' exists, which can be considered a lexical doublet of the originally Slavic *zapłodnienie* 'insemination', although with a specialised meaning pointing to 'artificial (and not natural)'.

Other Latin borrowings which exist both in English and Polish are semi narium 'a teaching method based on the active participation of students; a teacher or priest school', seminar 'a class at university in which a topic is discussed by a teacher and a small group of students', and seminary 'a training college for priests or rabbis'. The latter, attested in English since the mid-15th century, is a borrowing of the Latin seminarium 'plant nursery, seed plot', figuratively, 'breeding ground', from seminarius 'of seed', from semen 'seed'. Seminary and the Polish seminarium started to be used in the sense of 'a school training priests', later the word was applied to name any school, in Poland especially seminarium duchowne 'priest school', seminarium nauczycielskie 'teacher school'. Seminarium/seminar 'special group-study class for advanced students' was borrowed via the German Seminar 'group of students working with a professor'. Metaphorically the professor 'sows knowledge onto the seed plots of the students' minds'.

This Latin lexeme descended into French, which in turn again proved a source of loanwords in both Polish and English. The English adjective seme 'covered with a small, constantly repeating pattern' displays no Polish counterpart; it was borrowed from the French semée 'strewn, sprinkled', the past participle of semer, from the Latin seminare 'to sow', from semen 'seed'. An example where both Polish and English borrowed the same lexeme is sezon/season 'a period of the year; proper time, suitable occasion' (in English it displaced the native Middle English sele 'season', from the Old English sæl 'season, time, occasion'), from the Old French seison, also saison 'season, date; right moment, appropriate time (for sowing)', from the Latin satio 'a sowing, planting', from the past participle stem of serere 'to sow'. The meaning evolved from the 'act of sowing' to the 'time of sowing',

especially 'spring, regarded as the chief sowing season' and finally was extended to *season* in general.

In English, the verb *to season* 'improve the flavour of by adding spices' is a borrowing from the Old French *assaisoner* 'to ripen, season', from a- 'to' + root of *season*, a metonymy of the notion that fruits become more palatable as they become ripe.

In Polish, there is also a great number of originally Slavic lexemes descended from the PIE root *sehi-, such as siemie 'seed' (usually used in the collocation siemie Iniane 'flax-seed'). from the Proto-Slavic *seme 'seed', and from the PIE *sehumn 'seed'. Siać 'sow' (often used with prefixes: dosiać, obsiać, nasiać; frequentative siewać, usually with prefixes: obsiewać, zasiewać, wysiewać, posiewać (all naming sowing in different manners); the last example being a source of posiew, used especially as a medical term posiew krwi/moczu 'blood/urine culture', metaphorically "growing bacteria on a Petri dish similarly to growing seeds in a field", which derived from the Proto-Slavic *sěti/séjati, séjo 'throw, sprinkle grain into properly prepared soil'. Other derivatives include siew 'a sowing', siewca 'sower; propagator'. Siać 'sift', usually used with a prefix przesiać, the frequentative przesiewać 'sift through' derives from the Proto-Slavic *sěti/séjati, séjo 'sift', which is formally identical to siać 'sow', but semantics and disparate cognates in Baltic languages point to a primary separateness of these two lexemes; it is a descendant of the PIE root *sēi - 'sift', a source of sito 'sieve' (from a proto-form *seh₁y-tom). A suffixed Proto-Slavic form *na-sĕti was a source of nasiono 'seed', nasienie 'semen', as well as a diminutive nasionko 'small seed', nasiennu, used especially in a botanical term okrytonasienne 'flowering plant, Angiospermae' (okryty 'covered') or nagonasienne 'gymnosperms' (nagi 'naked').

In English, one can also find originally Germanic descendants of the PIE root, such as *sow*, from the Middle English *sowen*, from the Old English *sāwan* 'to scatter seed upon the ground or plant it in the earth, disseminate', from the Proto-Germanic **sēdiz* 'seed', from **sēana* + *-*piz*, corresponding to the Proto-Indo-European **sehvtis*; 'seed', from the Old English

 $s\bar{x}d$, from innovative Germanic * $s\bar{e}dq$ 'seed', from *shu-tós; and also a derivative seedling 'a young plant, especially one raised from seed and not from a cutting'.

Semantic change includes metaphor, as in the case of *seminarium/seminar* 'sowing knowledge, cultivating students' minds as if sowing seeds and cultivating a plot' and *disseminate* 'to spread widely, especially information; to metaphorically sow information widely'. The notion of 'throwing, spreading' seems to be an important part of the semantics of words connected with *seed*, *sow*, etc., which is nothing out of ordinary considering that the activities are connected with cultivating crops. The s pecialisation to 'seed of animals/humans' is visible in *semen/nasienie*, connecting crop cultivation with breeding.

The Polish/English cognates include *siemię* (*nasiono*) and *seed*; *siać* and *sow*; *siew* and *sowing*; *nasienie* and *semen*.

An example of a lexical doublet is *inseminacja* and *zapłodnienie*, with a specialisation of the borrowed lexeme to 'artificial insemination'. Etymological doublets include *nasienie* and *nasiono* (a pure etymological doublet of native-native origin); *siemię* and *nasiono* (a mixed etymological doublet of native-native origin); *semen* and *seed* (a mixed etymological doublet of native-borrowed origin).

2.4 PIE *ph3i- 'drink'

Another word root worth mentioning is the Proto-Indo-European * ph_3i - 'drink'. It is the source of many Polish words descending from the Proto-Slavic *piti 'to drink': pic 'to drink', pijal-nia 'pub, a place for drinking' (with a suffix denoting 'a place where', as in sypialnia 'bedroom' from sypiac, frequentative form of spac 'sleep' + alnia), piwo 'beer' (the original meaning is 'a drink', later specialized into 'an alcoholic drink made from malt and water with the addition of hops'; the morphology is similar as in paliwo 'fuel' from palic 'burn'), from which a derivative, piwnica 'basement' earlier: 'a place for storing beer' was formed; pitny 'drinkable' (especially used in the expressions

miód pitny 'mead', woda pitna 'potable water'); pijak 'drunkard', pijany 'drunk'. Poić 'to make one drink, to give to drink' comes from the Proto-Slavic *pojiti 'to make one drink' is a causative verb from the Proto-Slavic *piti 'to drink', from which descends poidlo, diminutive poidelko 'drinker, drinking fountain'; pijawka 'leech; a (blood)-drinking animal', from the Proto-Slavic *рыјауыка, from the Proto-Slavic *рыјаti 'drink', a frequentative verb. Pić 'chafe, pinch; bother' also descends from the Proto-Slavic *piti 'adhere firmly' > 'chafe, pinch' with a metonymic change from 'to drink' > 'to adhere, cling, stick', probably through indirect contextual meanings 'absorb liquid, moisture', 'drink clinging with one's mouth'. There are also prefixed forms: napój 'drink, soft drink', napitek 'drink, beverage', upojny 'intoxicating, entrancing'. Pieróg 'dumpling', comes from the Proto-Savic *piroq'b 'food made of dough consumed during feasts', from the Proto-Slavic *pirb 'drinking, libation, feast (with drinking)'.

It seems that in Germanic languages the PIE root did not survive, and thus only loanwords from Latin and French based on it can be found in English. In Latin, we observe *pōtāre* 'to drink', *pōtiō* 'a potion, a drinking', also 'poisonous draught, magic potion'. Through the Old French *pocion* 'potion, draught, medicine', *poison*, *puison* 'a drink, especially a medical drink', later 'a (magic) potion, poisonous drink' it entered English creating *potion* and *poison*, respectively, the former entering English in c. 1300, the latter in c. 1200.

The Latin bibere 'to imbibe' is also ultimately a descendant of the PIE *ph3i- (from the Proto-Italic *pibō, from the Proto-Indo-European *pibeti/*piph3eti 'to drink, to be drinking') and an ancestor of a number of lexemes in English and Polish. In the former language we find beverage, a borrowing from the Old French bevrage, from the Old French boivre 'to drink' (in Modern French boire 'to drink'); imbibe, from the Old French imbiber, embiber 'to soak into' and directly from the Latin imbibere 'absorb, drink in, inhale', from in- 'into, in, on, upon' + bibere 'to drink'; imbrue, which first carried the meaning 'to soak, steep'

and next, in the mid-15th century, 'to stain, soil', from the Old French *embruer* 'to moisten', which probably is a metathesis of *embevrer* 'give to drink, make drunk'; *beer* (most probably it was a sixth century. West Germanic monastic borrowing of the Vulgar Latin *biber* 'a drink, beverage', and because of that we find a number of related words in other Germanic languages) as well as *bib* 'a piece of cloth fastened around a child's neck which soaks up any spilt liquids or is worn while drinking to prevent the clothes from getting stained'.

In Polish, the Latin *bibere* was a source of words such as *bibuła* 'blotting paper, (paper) which soaks up any ink spills' (from the Latin *bibulus* 'drinking readily), as well as the colloquial *biba* 'a drinking party' from the Latin *bibō* 'I drink'.

An interesting borrowing descended from the common PIE root is *symposium/sympozjum* which has been recorded in English since the 16th century, when it meant 'gathering, party', from the Latin *symposium* 'a drinking party', from the Greek *symposion* 'party with drinking, a social gathering of the educated', from *syn*- 'together' and *posis* 'drinking', from a stem of Aeolic *ponen* 'to drink'. A symposium usually took place after dinner because the Greeks did not drink at meals. The pleasure of the meeting was intensified by intellectual and agreeable conversation, with the accompaniment of music or dancers and other entertainment.

Semantic change oscillates around the concept of drinking including: drinking people, animals, things one can drink or occasions that feature drinking, tools and containers which either metaphorically 'drink' or are used to store liquids for drinking. The concept of drinking alcohol is a pervasive one.

There are no Polish-English cognates, as only borrowings descended from the previously discussed root survived in English. An example of a Polish-French cognate is *pić* and *boire*.

Doublets include *napój* 'a drink', *napitek* 'a drink, beverage', *picie* 'a drink' and *piwo* 'beer; originally: a drink' (a mixed etymological quadruplet of native-native origin); *beverage*, *beer*, *potion*, *poison* (a mixed etymological quadruplet of borrowed-

borrowed origin), biba and sympozjum 'a meeting of the educated, originally: a drinking party' (a mixed etymological quadruplet of borrowed-borrowed origin). An example of a lexical doublet is bibula and krepina 'crepe paper'.

3. Conclusion

English and Polish vocabulary, although considerably different at first glance - English being a Germanic language and Polish a Slavic one - shares many common features, both descending from the common ancestral Proto-Indo-European language. There is a considerable number of cognates (lexemes descended from the same ancestral root, without borrowing) in Polish and English, as well as doublets in both of these languages. Both Polish and English display doublets of various origins, showing a great diversity of borrowings, in the presented examples usually from Latin and French. Oftentimes, both Polish and English borrowed the same lexeme which suggests that in both languages a need for naming a new concept arose. This illustrates that concepts and a general view of the world and how it works are shared by speakers of both languages, which is not surprising, considering the relative geographical proximity of both language regions and their participation in Western European culture (though Polish reflects influences of the Eastern European and Asian cultures as well). Some of the words' meanings evolved in unpredictable ways, as was in the case of slony 'salty' and słodki 'sweet' - the concept of 'tastiness' winning with the apparent difference of the tastes themselves. Some of the associations seemed rather far-fetched at first, as in the case of pieróg 'dumpling' descending from the PIE *ph3i- 'drink', or seminar descending from the PIE *sehi- 'sow', but proved sensible when investigated in detail.

Investigating cognates in related languages is a valid source of information about the languages, their level of relatedness and the history of the languages we use today.

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