

Annual, seasonal and spatial differences in the growth rate of Baltic cod larvae and early juveniles in relation to zooplankton biomass fluctuations in 2006-2014

by

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Abstract

It is an acknowledged theory that a faster growth rate, determined by various environmental drivers, may boost the survival of larval and juvenile fish. In this study we examined the differences in the growth rate of larval and juvenile cod (age 2 – 136 d; SL: 4.1 – 39.2 mm) between the years 2006 and 2014, sub-areas of the Baltic Sea (Bornholm Basin, BB; Słupsk Furrow, SF; Gdańsk Basin, GB), and seasons (spring and summer). The average growth rate for all specimens was 0.25 mm/d, with significantly lower values between 2012 and 2014 than between 2006 and 2011. A reduction in zooplankton biomass, especially the large zooplankton fraction, was observed after the 2006–2008 period, which was related to the prevailing temperature conditions in the surface layers. The reduction in zooplankton biomass was accompanied by changes in the structure of zooplankton: less *T. longicornis*, *C. hamatus*, and *Pseudocalanus* spp., and more *Acartia* spp. The results suggest that the inter-annual differences observed in zooplankton biomass and structure are likely responsible for the observed reduction in the growth rate of cod larvae between 2012 and 2014 compared to the years between 2006 and 2011. The growth rate reduction could be one of the reasons for the decline in the recruitment of eastern Baltic cod between the years 2013 and 2015, after the high recruitment years of the period 2011-2012.

Key words: *Gadus morhua*, growth rate, fish, early life stages, zooplankton, otoliths, microincrements

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1. Introduction

Fish's survival through early developmental stages may depend significantly on the size of individuals and their growth rates (GR) (Hinchliffe et al. 2021; Suthers et al. 2022). Larger specimens are able to survive longer periods without food and, because they are more mobile, they are less susceptible to predatory pressure (the growth-mortality hypothesis) (Anderson 1989; Houde 2008). The GR also plays a significant role in periods of transition from one developmental stage to the next. High mortality in these critical periods of development is often caused by insufficient energy reserves that are used, depending on the developmental stage, to create new cells and to learn new life skills, such as independent foraging (critical period hypothesis) (Hjort 1914). These theoretical assumptions about the positive impact growth rates may have on larval and juvenile fish survival, however, are not always confirmed in environmental studies (Takasuka et al. 2017; for review see: Robert et al. 2023).

The lowest GR values in the early life stages of fish are noted during transition periods between different developmental stages, and these are associated with intensified cell differentiation processes at these times (Kamler 1992). GR accelerates at the beginning of each developmental stage. From fertilisation to hatching, GR is therefore quite low. Immediately upon hatching, it accelerates and continues until it reaches the maximum body size allowed by yolk sac reserves. The next GR acceleration occurs after the shift to exogenous feeding (Kamler 1992). In the case when there is no adequate food size available in the environment for the larvae, the GR may be negative. Which means that the fish is absorbing its own tissue, which may lead to the death of the individual (Kamler 1992).

The GR of the early life stages of fish vary among species and they often stem from different life strategies and the habitats in which they occur (Fonseca and Cabral 2007). In highly developed habitats or in those with unstable environmental conditions, such as the tropics (coral reefs) or temperate zones (estuaries), rapid growth in larval and juvenile fish stages increases their chances of survival. In contrast, habitats with more stable environmental conditions, such as freshwater areas or the polar zone, favour slower growth in early developmental stages (Fonseca and Cabral 2007).

The GR of the early larval stages of a species occurring in the specific environments depends on the variability of biotic and abiotic parameters. Water temperature and food availability are particularly important (Anderson 1989). Increases in temperature

result in higher growth rates (Radtke and Fey 1996), but only up to the optimum temperature (Fey 2005). Since other processes are positively correlated with temperature in early developmental stages, such as yolk sac absorption and metabolic rates, accelerating one process may inhibit another. Accelerating metabolism above a certain level will, for instance, impair growth rates, since more energy is used for respiration and less for tissue production (Kamler 1992; Boltaña et al. 2017). The most important aspect regarding nutrition is the availability of suitable food for a given developmental stage appropriate in terms of size and quality (Anderson 1989; Kamler 1992).

Larval GR also depend on the time the first feeding begins. The sooner larvae begin exogenous feeding, the greater the chances are of achieving a higher GR (Kamler 1992). Some examples of privileged species that have fairly well-developed digestive tracts and functional mouths when they hatch are *Gadus morhua*, *Melanogrammus aeglefinus*, *Ammodytes persouatus*, and *Scophthalmus maximus* (Kamler 1992). The amount of time that specimens of these species spend learning to hunt and catch the prey is much longer than the time between hatching and beginning exogenous feeding. In the case of *G. morhua* it is up to six times longer (Kamler 1992), which may significantly increase its chances of survival.

The processes that occur during cods' early life stages in the eastern Baltic Sea (25-32 sub-divisions according to ICES) are highly important for the condition of the entire stock. The lack of suitable environmental conditions increases the mortality, which determines the recruitment. Since 2012 the recruitment to the stock has been decreasing and at the moment is critically low. The last relatively strong year-classes that saw the stock added to occurred in 2011 and 2012 (ICES, 2023). There have been but a few studies conducted on the larval and juvenile growth of cod in the Eastern Baltic Sea (Huwer et al. 2011; Hüsey et al. 2003; Fey and Linkowski 2006; Steffensen 1980). The GR of larval cod in the Baltic Sea tends to be low in comparison with those in other regions of the world (Huwer et al. 2011; Folkvord 2005). Huwer et al. (2011) observed decreases in the GR of larval cod with increasing depth and the greater resistance of larger larvae to fluctuating environmental conditions in the Bornholm Basin. Hüsey et al. (2003) observed differences in GR among different habitats and depths (Oder Bank and Bornholm Basin). Even less is known on the topic of long-term spatial and seasonal differences in the GR of cod during the early developmental stages, which may reflect the consequences of a prolonged spawning period among Eastern Baltic cod. Historically, the spawning peak was from the end of



April until mid-June, but it has changed recently and occurs in the second half of July and may last even to until the autumn (October/November; Köster et al. 2017)

The aim of our study is to determine the long-term (2006–2014) spatial (Bornholm Basin – BB, Słupsk Furrow – SF, and the Gdańsk Basin – GB) and seasonal (spring, summer) fluctuations in growth rate of cod larval and juvenile specimens (4.1 mm – 39.2 mm SL) in the southern Baltic in reference to the environmental conditions of temperature and the availability of food.

2. Materials and methods

2.1. Study area

Because of its intra-continental location and bottom topography, the Baltic Sea has very specific hydrological conditions that fluctuate under the influence of both local and global processes. Local hydrological conditions in the Baltic Sea vary depending on the season, the intensity and frequency

of water inflows from the North Sea, and the intensity of precipitation and freshwater inflows from rivers. In individual sub-areas, intensive local hydrological processes lead, *inter alia*, to stratification that may obstruct free circulation in the water column. This may lead to increases in near-bottom anaerobic zones and decreases in the water layer that offers favourable conditions for the development of fish species that spawn pelagic eggs (e.g. cod) and also the lower survival rate of new generations (Hüssy et al. 2012). On the other hand, long-term hydrological effects may be triggered by global changes associated with climate warming (Houde 2008; Pinsky and Byler 2015). This variability of environmental conditions in the Baltic Sea has a significant impact on the inter-seasonal and spatial differentiation of the GR of fish in their early stages of development, especially eastern that of the Baltic cod. To investigate that phenomenon, we distinguished three study areas located in different sub-basins of the Baltic Sea, i.e. the Bornholm Basin (BB), the Słupsk Furrow (SF) and the Gdańsk Basin (GB) (Fig. 1).

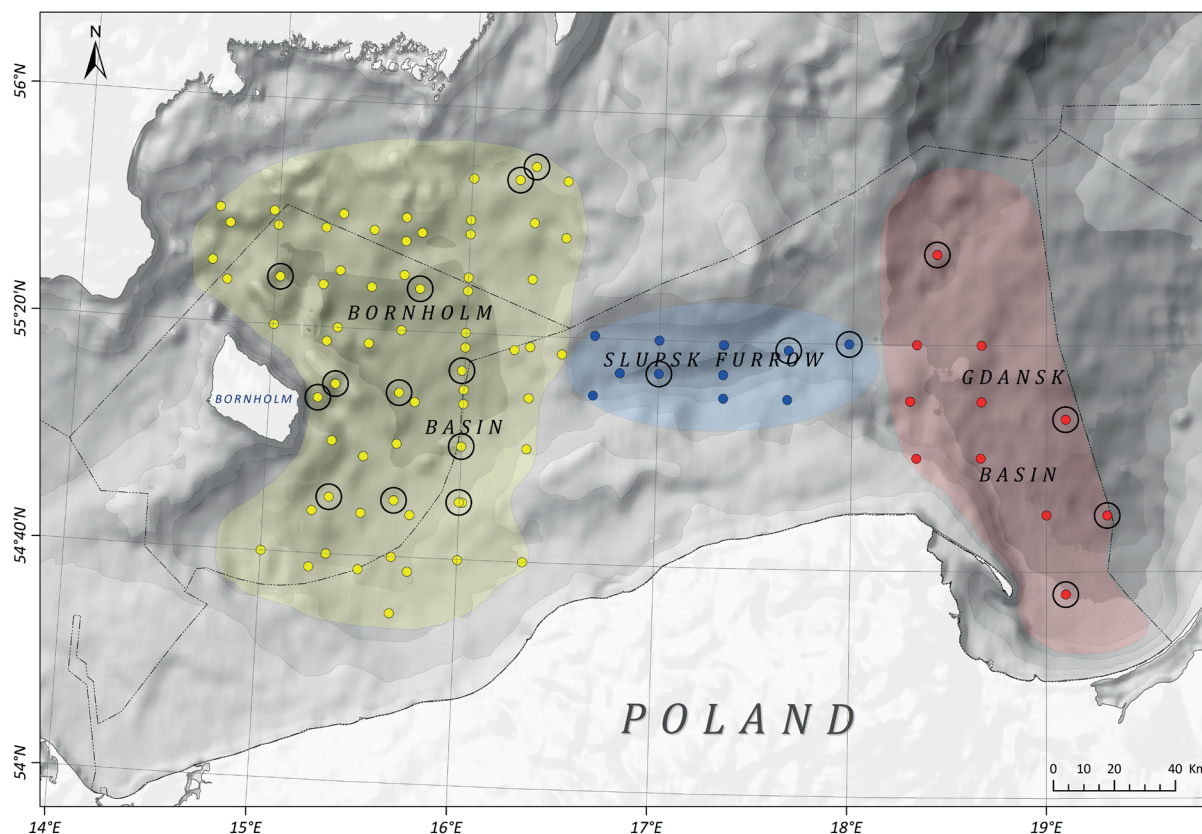


Figure 1

Location of ichthyoplankton and zooplankton sampling stations between 2006 and 2014. Black circles indicate WP-2 stations. Sub-areas of the study area are indicated: BB – Bornholm Basin, yellow points; GB – Gdańsk Basin, red points; and SF – Słupsk Furrow, blue points.

2.2. Sample collection: larval and juvenile cod

Larval and juvenile cod specimens ($n = 835$; age range 2 – 136 days; standard length (SL) 4.1 – 39.2 mm) were caught during Polish ichthyoplankton cruises of the RV Baltica conducted in spring (between April and June) and summer (between July and August) between 2006 and 2014 (Table 1). Catches at each station were made with Bongo nets (mesh sizes of 305 and 505 μm) and MIK plankton nets

Table 1

An overview of the most important parameters (SL in mm and age in d) of the larval and juvenile cod caught in the 2006-2014 period, the number of individuals caught in the spring (April-May-June) and summer (July-August), and in the other sub-areas of the Baltic Sea (BB – Bornholm Basin; GB – Gdańsk Basin; and SF – Słupsk Furrow).

| Year | Area | Spring | | | Summer | | |
|------|------|----------|------------|-----|-----------|------------|-----|
| | | SL (mm) | Age (days) | n | SL (mm) | Age (days) | n |
| 2006 | BB | - | - | 0 | 9.9-39.2 | 14.5-105.5 | 95 |
| | GB | - | - | 0 | 10.9-27.9 | 34.0-109.0 | 9 |
| | SF | - | - | 0 | 8.5-25.2 | 26.0-76.0 | 21 |
| 2007 | BB | - | - | 0 | 6.3-18.9 | 4.0-70.5 | 22 |
| | GB | - | - | 0 | - | - | 0 |
| | SF | - | - | 0 | - | - | 0 |
| 2008 | BB | 4.9-9.3 | 2.0 - 15.0 | 8 | 4.5-28.1 | 2.0-100.5 | 51 |
| | GB | - | - | 0 | 7.5-23.9 | 10.0-86.0 | 7 |
| | SF | 4.1-4.5 | 2.0-3.0 | 2 | 6.8-31.7 | 10.0-136.0 | 12 |
| 2009 | BB | 10.5 | 25.5 | 1 | - | - | 0 |
| | GB | - | - | 0 | 11.1-26.1 | 26.5-74.5 | 7 |
| | SF | - | - | 0 | 21.1-22.7 | 65.5-67.5 | 2 |
| 2010 | BB | - | - | 0 | 8.5-14.1 | 9.0-40.0 | 6 |
| | GB | - | - | 0 | 12.7-15.9 | 47.5-68.0 | 6 |
| | SF | - | - | 0 | 7.9-13.9 | 15.0-46.5 | 5 |
| 2011 | BB | 33.1 | 131.0 | 1 | 6.3-24.1 | 4.0-91.5 | 68 |
| | GB | - | - | 0 | - | - | 0 |
| | SF | - | - | 0 | 8.9-16.9 | 5.0-62.0 | 11 |
| 2012 | BB | 5.3-14.5 | 4.0-56.0 | 32 | 6.7-18.9 | 8.0-80.5 | 42 |
| | GB | 4.9-8.9 | 2.5-20.0 | 5 | 12.7 | 52.0 | 1 |
| | SF | 5.5-5.9 | 7.0-10.0 | 2 | 7.5-9.3 | 15.0-45.0 | 8 |
| 2013 | BB | 4.9-9.9 | 4.0-24.0 | 26 | 7.1-14.1 | 5.0-39.0 | 8 |
| | GB | 5.7-6.9 | 8.0-15.0 | 4 | - | - | 0 |
| | SF | 4.9-8.1 | 6.0-10.0 | 8 | 13.1 | 15.0 | 1 |
| 2014 | BB | 4.5-7.9 | 2.0-20.0 | 11 | 8.1-12.1 | 22.0-32.0 | 2 |
| | GB | 5.9-10.1 | 15.0-33.0 | 4 | 8.7-10.1 | 24.0-40.0 | 3 |
| | SF | - | - | 0 | - | - | 0 |

(Methot-Isaac-Kidd; mesh size 1 mm). At the same station, however, the larvae could be present in different nets in different years. During the entire research period 243 samples were collected from approximately 90 different stations in total, which were located in three sub-basins in the Southern Baltic (Fig. 1 and S1). Larval and juvenile specimens of cod were sorted from the ichthyoplankton samples on board the vessel immediately after the nets were hauled in and they were preserved in 96% ethyl alcohol. The remainder of the collected material was preserved in a 4% formaldehyde solution. The alcohol was changed in all samples within a few months to avoid the risk of otolith destruction, which may occur even if the samples are preserved in alcohol (Fey 2018). Since no differences in larval and juvenile growth rates were noted in the same sampling areas with BONGO 335 and 505, and MIK nets during previous studies (Fey 2015), the research material collected with these nets was treated equally in the research.

2.3. Sample collection: zooplankton

Zooplankton samples were collected during the same RV Baltica cruises during which the ichthyoplankton samples were collected in spring (between April and June) and summer (between July and August) between 2006 and 2014. 362 samples of zooplankton were collected and analysed from 19 different stations in the same areas as the ichthyoplankton stations (Fig. 1; S1). The samples were collected according to the HELCOM Guidelines for the monitoring of mesozooplankton (2017) with a WP-2 net (mesh size 100 μm) that was deployed vertically only when distinct stratification in the water column was observed. Samples were collected independently within the three layers: from 5 m above the bottom to the halocline, from the halocline to the thermocline and from the thermocline to the surface. The material collected was preserved in a 4% formaldehyde solution.

2.4. Sample collection and data analysis: temperature data

Hydrological data (i.e. water temperature) was collected at each ichthyoplankton sampling station from 2006 to 2014. Measurements were performed from the surface to the bottom with a CTD Neil-Brown sensor and a CTD Ocean Seven 316 Plus probe (Itronaut). The temperature data were analysed in two water column layers. The first layer was from the surface to the thermocline, while the second was from the beginning of the thermocline to the bottom.



2.5. Laboratory procedures: larval and juvenile cod

After several months, the otoliths (lapillus) were extracted from each specimen and the SL (mm) of each specimen was measured to the nearest 0.1 mm with an electronic caliper. Length measurements were corrected with a correction value (+0.7 mm) for cod that permits converting length after preservation into 'live' length prior to preservation (Fey 2012), so to avoid the possibly negative effect of shrinkage during preservation on the results of growth rate analysis (Greszkiewicz and Fey 2018).

Once extracted, the otoliths were placed on basic microscope slides and embedded in DEPEX (Electron Microscopy Sciences Hatfield, PA). The ages of cod larvae and juveniles were determined based on the number of micro-increments between the centre of the otolith and the edge (left or right, depending on which had more legible microstructures) (Spich and Fey 2022). Assumptions regarding the daily frequency of growth increment deposition in cod had previously been verified (Geffen 1995; Steffensen 1980; Hüsey et al. 2003). Since the first growth increment is deposited in cod on the lapillus on the day of hatching (Radtke 1989), the number of micro-increments is a direct indication of age. The otoliths were read under transmitted light at magnifications of 500× or 1000× using an Eclipse 80i microscope (Nikon Corp., Tokyo, Japan). The lapillus was used in the analysis because Spich and Fey (2020) reported that this structure ensures higher precision and accuracy of age estimates than does the sagitta, and it is less prone to producing age estimate variations among readers. They also reported that the lapillus in most cases permits reading the age of larvae and early juvenile cod without the necessity of polishing, which, in the case of sagitta, is impossible. The number of micro-increments were read by the same technician twice at an interval of a few months. If the difference exceeded 15%, the sample was read once again. The values obtained were averaged. Some of the otoliths were illegible (e.g. they were damaged during extraction) or were determined to be insufficiently legible and were excluded from analysis without attempting an age reading. In the end, age was determined for 491 of the 835 specimens obtained from the ichthyoplankton samples.

2.6. Laboratory procedures: zooplankton

The zooplankton samples were split into analysable sub-samples using the Motoda method (Motoda 1959). Taxonomic analysis was performed in a zooplankton counting chamber (Hydrobios 80 × 100 mm) with a stereo microscope under a total magnification of up to

600×. Each mesozooplankton specimen was identified to the lowest possible taxonomic level. The identified zooplankton organisms were measured (length and width) to the nearest 0.05 mm with a measuring slide.

2.7. Data analysis: larval and juvenile cod specimens

The average GR (mm/d) was calculated using the age determined from the otoliths of individual specimens of cod larvae and juveniles with the formula:

$$GR = \frac{(SL_{catch} - SL_{hatch})}{Age}$$

Based on data from the literature (Hardy 1978; Horbowa and Fey 2013), it was assumed that the value of SL_{hatch} was 4.9 mm. Since the obtained mean individual GR values were dependent on the size of individual specimens (S_2), and were consequently incomparable among different periods, years or areas, the growth rate index (GR index) was also determined in order to account for the GR differences among larval fish sizes. For this purpose, the length-at-age data for all years were pooled and fitted with a best-fit polynomial function using a generalised regression model (GLM) (Fig. 2B):

$$SL = 5.021 + 0.3077 \times Age - 0.0049 \times Age^2 + 6.8519E - 5 \times Age^3 - 2.6686E - 7 \times Age^4$$

$$(n = 491, r^2 = 0.902, p < 0.001)$$

The polynomial function of the 4th order was used because the 3rd order function seemed not to provide sound data description for the smallest specimens (visual observation of the residuals). The R^2 was also noticeably higher for the 4th order function (0.902) than the 3rd order function (0.854). On the other hand, the 5th and 6th order functions were not considered because neither changed shape nor increased noticeably the R^2 compared to the 4th function. Residuals of the age-length-relationship vs. length for the chosen 4th order polynomial function has been presented in S3. No other method of choosing the best model, such as AIC, were used in this case because only one independent variable (age) was considered, so there was no need to reduce the number of variables. It is important to note that the intercept of the fitted function (5.0 mm) corresponds very well to the size of cod larvae at hatch. We viewed the residuals

from Fig. 2 as measures of the difference of individual growth from population growth trends. The absolute values of the residuals (mm) were then converted to a percentage of the average length-at-age to allow for the pooling of residuals across different ages. Since the GR index represented relative values, which took into consideration the size of individual specimens, it was possible to make comparisons among specimens of different sizes. The GR index was therefore then analysed in terms of its variability among years (2006–2014), seasons of the year (spring and summer), and sub-areas of the Baltic Sea (BB, SF and GB).

The GR index estimated for cod larvae and early juveniles has been compared between seasons and among geographical areas with the nested-ANOVA (separate analysis for area and season effect). The seasons and geographical areas were nested within years. The differences in GR index of larval and juvenile cod among years (data pooled for seasons and geographical regions) were compared with ANOVA for all nine years together. The aggregated GR data for two groups (years 2006–2011 and 2012–2014) were compared with a *t*-test. The assumptions for the parametric statistics used were verified and satisfied using the Kolmogorov-Smirnov test (normal

distribution, $p > 0.05$) and Levene's test (homogeneity of variance, $p > 0.05$). The assumption of independence of cases was ensured from the design of the study. All the statistical analyses were conducted in Statistica ver. 12.0 (TIBCO Software, Inc., Palo Alto, CA). Differences were considered statistically significant at $p < 0.05$ ($\alpha = 0.05$).

2.8. Data analysis: zooplankton

Analysis of zooplankton was performed in order to determine quantitative (biomass) and qualitative shares at different sampling stations from 2006 to 2014. In order to calculate zooplankton biomass, zooplankton abundance (n/m^3) was calculated first, based on the number of specimens at a given taxonomic level at a given sampling station and the volume of water that was filtered through the WP-2 net. The analysis considered the zooplankton collected from the first two layers of the water column, i.e. from the surface to the thermocline, and from the thermocline to the halocline. This is because the majority of selected sampling stations were characterised by anoxia below the halocline. Zooplankton biomass was calculated with the

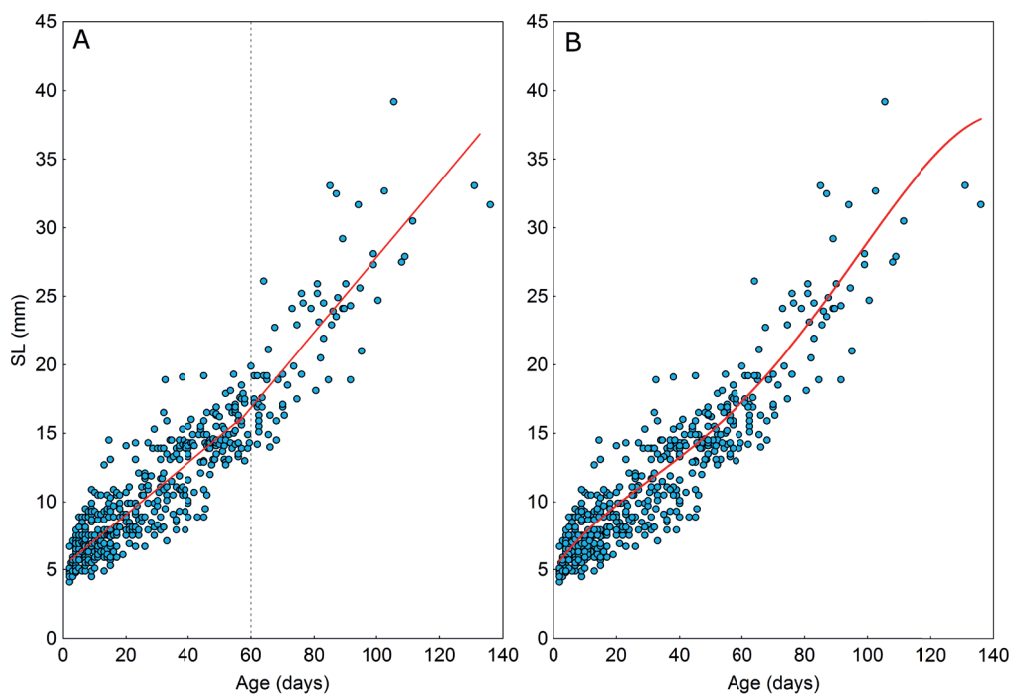


Figure 2

Dependence of SL on larval and juvenile cod age during the 2006–2014 period described by simple linear regression separately for specimens younger and older than 60 d (A); and the same data described by a best-fit 4th order polynomial function with the aim of determining residuals reflecting the growth rates of specific individuals in comparison to the mean for the entire population (B).



Standard Size Classes method (Witek et al. 1996). Based on the measurements of the length of cylindrical shape of Copepods body, each organism was classified into certain size classes defined in the specially design worksheet developed by Witek et al. (1996). The body volume of Copepods was calculated with formula presented below. The wet weight is a geometric mean of boundaries in a fixed size classes.

$$V = \pi \times R1 \times (0.5 R2)^2$$

R1 – body length

R2 – body width

It was decided to limit the analyses of zooplankton data to zooplankton of the Copepoda class, since these are considered as the main prey organisms of larval and juvenile Eastern Baltic cod (Economou 1991,

Zuzarte et al. 1996, Hüsey et al. 1997, Voss et al. 2003). Six taxonomic groups were identified: *Acartia* spp., *Centropages hamatus*, *Eurythemora affinis*, *Oithona similis*, *Pseudocalanus* spp. and *Temora longicornis*. Two size fractions were also identified: the developmental stages from nauplius to copepodite CIII (NP+C3) and from copepodite CIV to adult forms (C4+AD). The biomass of zooplankton from different taxonomic and size groups were analysed with regard to season (spring– April to June, and summer – July to August) and research area (BB, SF and GB).

The biomass of the four dominant zooplankton taxa in different years (means from all stations for *Acartia* spp., *Pseudocalanus* spp., *T. longicornis* and *C. hamatus*) was compared, and the intra-annual differences among geographical regions and between seasons were analysed with nested-ANOVA, where the geographical areas and the seasons were nested

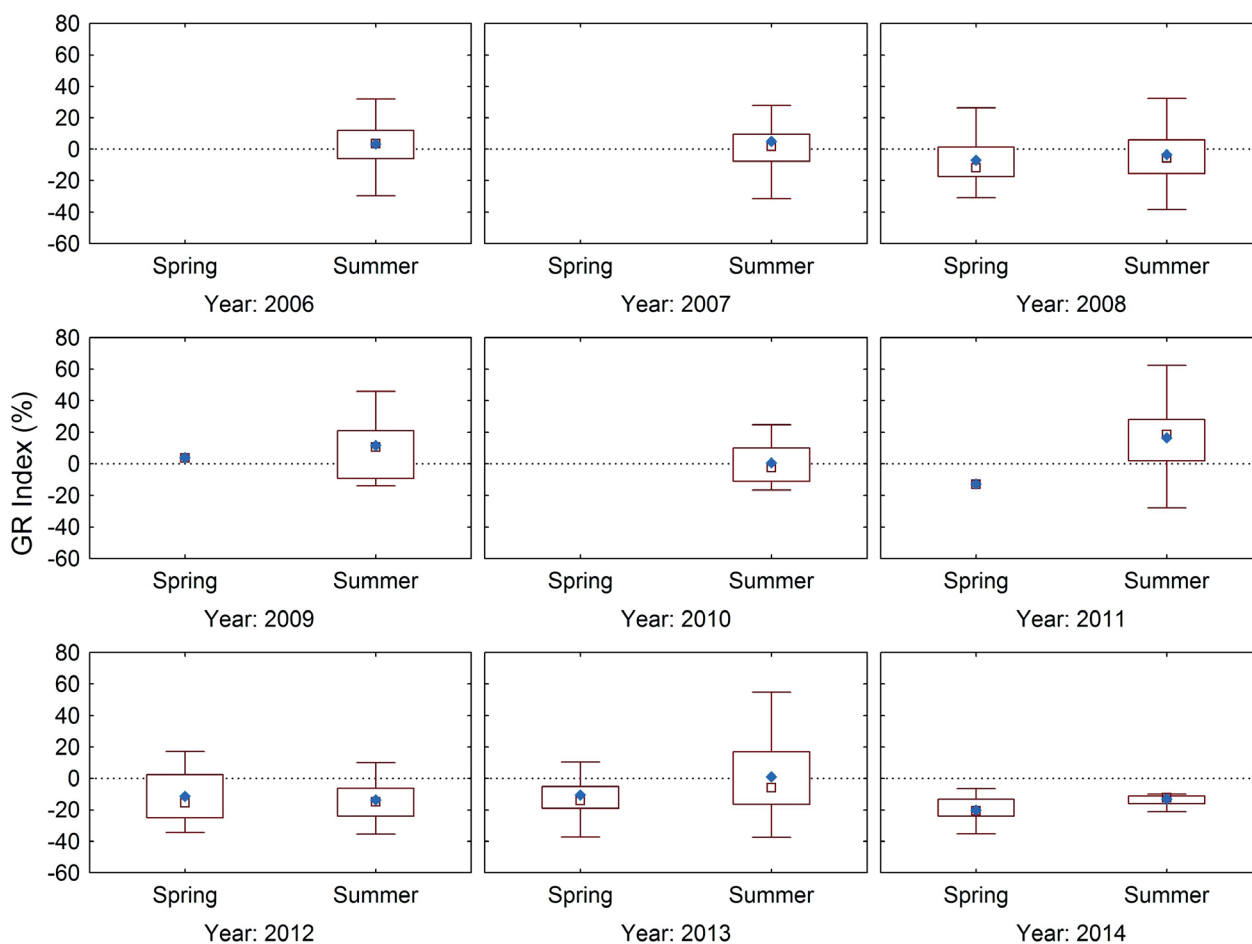


Figure 3

Median (square), 25 and 75 percentile (box), non-outlier range (whiskers), and mean (diamond) values of the GR index (%) of larval and juvenile cod in the southern Baltic Sea in the 2006–2014 period: differences between seasons (spring and summer).

within a year. The relationships between the GR index and environmental variables (zooplankton biomass and water surface temperature) and between zooplankton biomass and surface temperature, for the entire analysed period from 2006 to 2014, were estimated with linear regression analysis, where mean annual values were used for each of the relationships. The significance of the regression lines obtained was evaluated, assuming significance at the $p < 0.05$. Zooplankton biomass for *Pseudocalanus* spp., *Temora longicornis*, *Acartia* spp., *Centropages hamatus*, and all four zooplankton groups together. The assumptions for the parametric statistics used were verified and satisfied using the Kolmogorov-Smirnov test (normal distribution, $p > 0.05$) and Levene's test (homogeneity of variance, $p > 0.05$). The assumption of independence of cases was ensured from the design of the study. All the statistical analyses were conducted in Statistica ver. 12.0 (TIBCO Software, Inc., Palo Alto, CA). Differences were considered statistically significant at $p < 0.05$ ($\alpha = 0.05$).

3. Results

3.1. Larval and juvenile cod growth rates: general pattern

The mean growth rates of individuals from hatching to being caught ($n = 491$; age 2 – 136 d; SL: 4.1 – 39.2 mm) was 0.25 mm/d \pm 0.14 (SD) (S2). The growth rate depended on larval age, and the greatest variation in growth rates was noted in the age group of up to approximately 10 d.

By fitting linear regressions to the SL-at-age dependence and comparing the slopes of the regressions, we obtained the population growth rate. Two age groups were distinguished that were characterised by different growth rates (Fig. 2A). Age \leq 60 d, GR = 0.18 mm/d ($y = 0.184x + 5.4344$, $n = 430$, $R^2 = 0.724$, $p < 0.001$); age $>$ 60 d, GR = 0.26 mm/d ($y = 0.2588x + 1.5274$, $n = 74$, $R^2 = 0.618$, $p < 0.001$). The splitting point was estimated by description of the SL-at-age data with 2nd order polynomial function and with exponential function first. The inflection point of those two functions, which corresponded in both cases to the age of ca. 60 days, was used as the point to split the data for the description with two separate linear functions.

The growth rates of larvae for individuals and the population were age-dependent, so the GR index (%) was calculated for each specimen from the residuals of the polynomial function fitted to the SL-at-age data ($SL = 5.021 + 0.3077 \times Age - 0.0049 \times Age^2 + 6.8519E - 5$

$\times Age^3 - 2.6686E-7 \times Age^4$, $n = 491$, $r^2 = 0.902$, $p < 0.001$) (Fig. 2B).

3.2. Larval and juvenile cod growth rates: the effect of season, geographical area, and year

The within-year comparison of the GR index between seasons (i.e. spring and summer) was possible in 2008, 2012, 2013, and 2014 (Fig.3). Although the season effect within a given year ($n = 238$) was not statistically significant (nested-ANOVA, season nested within years, $p < 0.01$ for year effect, $p = 0.073$ for season effect, $p = 0.172$ for the interaction term), faster growth in summer than in spring was observed when the data were pooled among years: GR index oscillating at the level of ca. from -30 to 0 for spring and from -20 to 20 for summer (S7).

The effect of geographical area (BB, SF and GB) on the GR index (Fig. 4) was compared (data availability for all the three compared areas) in 2006, 2008, 2010, 2012 and 2013. The differences for the geographical area effect ($n = 360$) were not statistically significant (nested-ANOVA, geographical area nested within years, $p < 0.001$ for year effect, $p = 0.131$ for geographical area effect, $p < 0.05$ for interaction term effect). Those results were confirmed when the GR index was plotted against geographical position (latitude), without grouping the data into three areas, i.e. after the data were pooled among years (S4). Some tendency towards faster growth was observed in such way as to present data for larvae occurring closer to the shore (lower latitude), but only in spring (S4).

The GR index of larval and juvenile cod (data pooled for seasons and geographical regions) ($n = 491$) (Fig. 5) was statistically different among years (ANOVA, $p < 0.001$), and the last years analysed (2012-2014) were characterised by slower growth (mean GR index = -12.5) than the previous years (2006-2011) (mean GR index = 5.2). The differences between the two time periods were statistically significant (t -test, $p < 0.001$).

3.3. Zooplankton: species contribution

Between 2006 and 2014 the dominant Calanoida representatives in the biomass were the zooplankton identified as *Acartia* spp., *Centropages hamatus*, *Pseudocalanus* spp. and *Temora longicornis*. Species such as *Oithona similis* and *Eurythemora affinis* contributed only negligibly to the zooplankton biomass (Fig. 6).

In spring the NP+C3 fraction of small zooplankton were dominated by *Pseudocalanus* spp. and



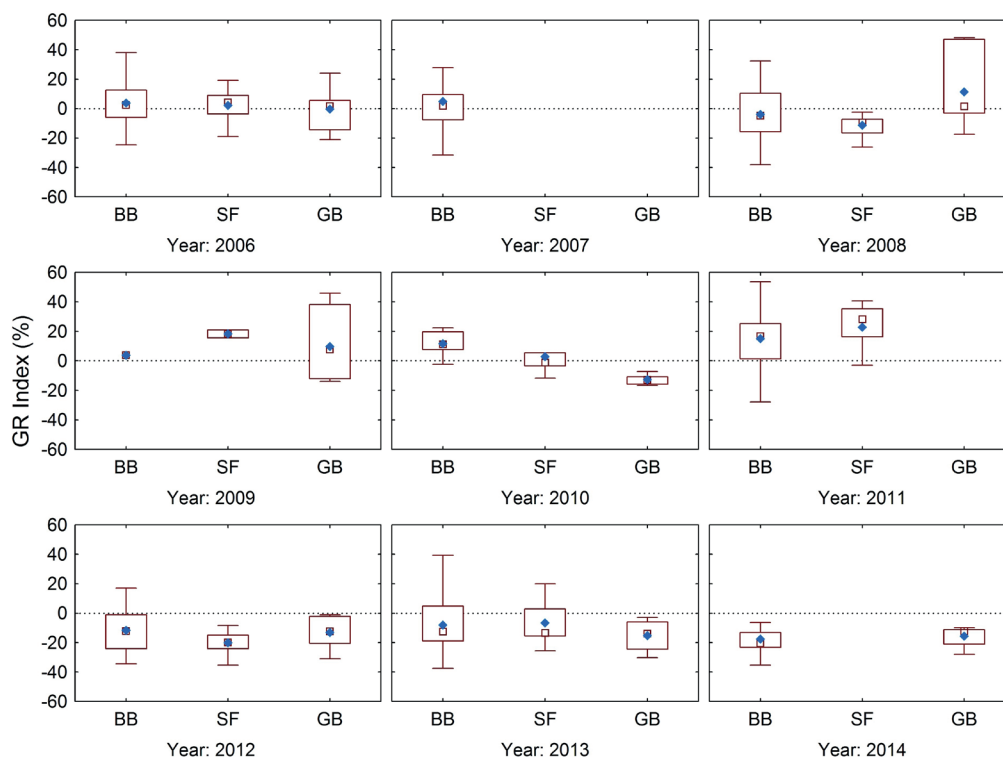


Figure 4

Median (square), 25 and 75 percentile (box), non-outlier range (whiskers), and mean (diamond) values of the GR index (%) of larval and juvenile cod in the southern Baltic Sea in the 2006–2014 period: differences among geographical areas (Bornholm Basin, BB; Słupsk Furrow, SF; and Gdansk Basin, GB).

T. longicornis (50 and 32% of the mean biomass for 2006–2014). Considering the general pattern, from 2007 the contribution of *Pseudocalanus* spp. increased while that of *Acartia* spp. and *C. hamatus* decreased. In 2014, however, the contribution of *Pseudocalanus* spp. decreased significantly and that of *T. longicornis* increased.

In spring the C4+AD fraction of large zooplankton was most abundantly represented by *Pseudocalanus* spp. (29%), *T. longicornis* (32%) and *Acartia* spp. (21%). From 2011, however, the contribution of *Pseudocalanus* spp. declined significantly. This pattern was associated with the increased contribution of *T. longicornis*, *C. hamatus* and *Acartia* spp. (Fig. 6).

In summers throughout the study period the NP+C3 size fraction of small zooplankton was mostly dominated by *Pseudocalanus* spp. (62%), followed by *Acartia* spp. (10%) and *T. longicornis* (20%). It was difficult to identify any visible trends in the changes in the contributions of zooplankton species in this group.

In summer the C4+AD size fraction of large zooplankton was dominated by *T. longicornis* (50%). Considering the general pattern, the contribution of *T. longicornis* increased from 2006.

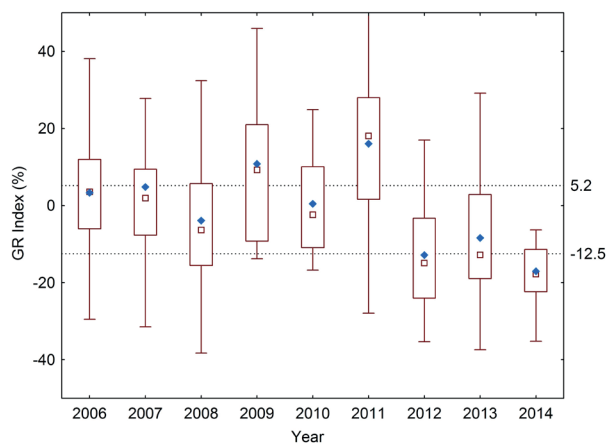


Figure 5

Median (square), 25 and 75 percentile (box), non-outlier range (whiskers), and mean (diamond) values of the GR index (%) of larval and juvenile cod in the southern Baltic Sea by year: inter-annual differences (2006–2014). Dotted lines indicate the mean calculated separately for two periods: 2006–2011 and 2012–2014.

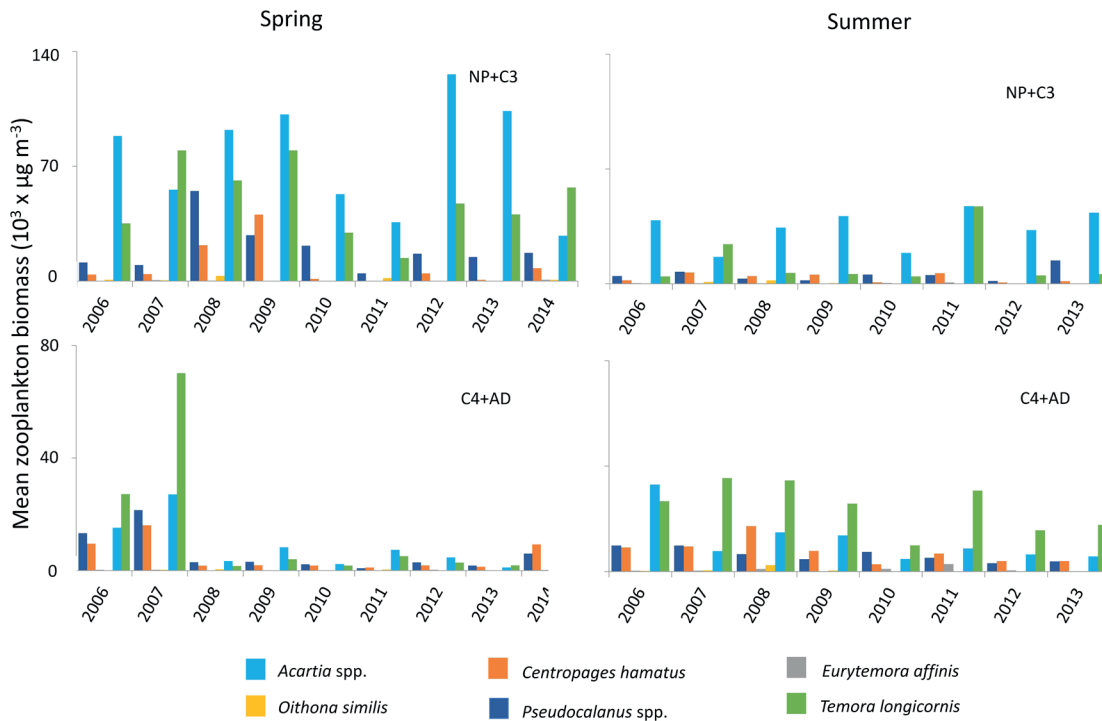


Figure 6

Biomass of the dominant zooplankton taxonomic groups in the southern Baltic during the 2006 – 2014 period by size fraction (small zooplankton, NP+C3; large zooplankton, C4+AD) and study season (spring and summer).

3.4. Zooplankton: biomass of the four dominant zooplankton species

Changes in the biomass of the four dominant zooplankton groups (*Pseudocalanus* spp., *Acartia* spp., *T. longicornis* and *C. hamatus*) among years are presented in Fig. 7, in which geographical area and zooplankton size group (NP+C3 and C4+AD) are denoted.

Between 2010 and 2012 there was a visible decrease in the biomass of younger development stages (NP+C3) of Calanoid in all three analysed areas, especially in the spring (Fig. 6, 7, and 8).

In the case of the older developmental stages of Calanoid, a decrease in biomass was recorded as early as in 2008 and continued until the end of the research period in 2014. The only area where an increase in biomass could be observed was BB (*Acartia* spp., *T. longicornis*, *C. hamatus*) (Fig. 6, 7, and 8).

Among all 4 groups of Calanoida, *Pseudocalanus* spp. NP+C3 had the highest average biomass for the entire period (2006-2014) in all 3 areas (5.90E+03 µg m⁻³ in BB, 6.10E+03 µg m⁻³ in GB and 5.60 E+03 µg m⁻³ in SF). *C.hamatus* NP+C3, however, showed the lowest average biomass for the period between 2006 and

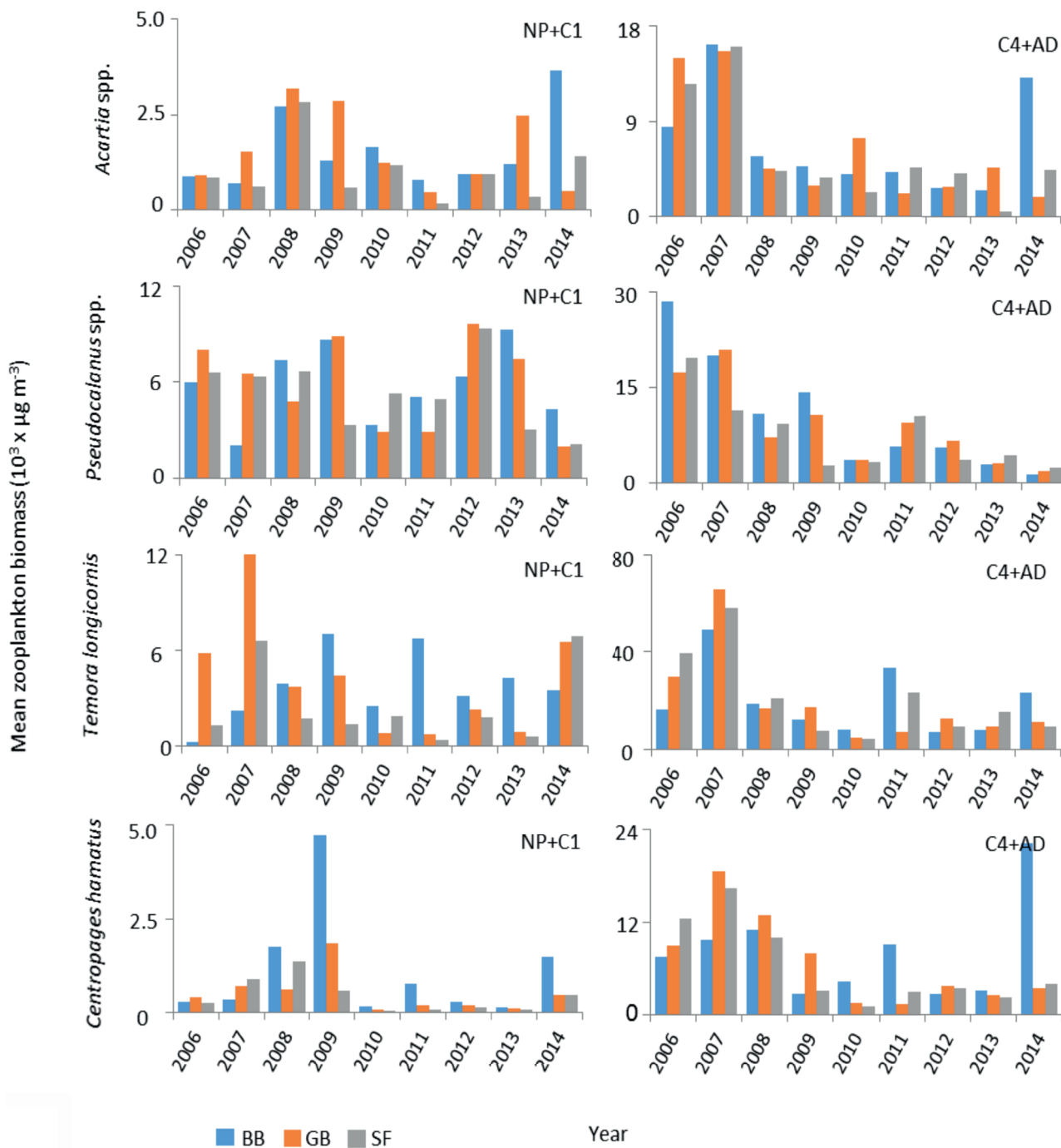
2014 from all 4 Calanoid groups (1.03E+03 µg m⁻³ in BB, 6.09E+02 µg m⁻³ in GB, 4.81E+02 µg m⁻³ in SF) (Fig. 7).

The largest fluctuations in biomass values among individual years were recorded in *T. longicornis* NP+C3 (max 1.21E+04 µg m⁻³ in GB 2007 and min 2.25E+02 µg m⁻³ in BB 2006). Similarly, sharp biomass peaks were recorded for *C. hamatus* NP+C3 (max 4.74E+03 µg m⁻³ in BB, min 5.84E+01 µg m⁻³ in SF) (Fig. 7). The biomass of the NP+C3 fraction for all four species observed throughout the study period was much lower than was observed for the C4+AD fraction. There was also a general trend of biomass reduction between 2006 and 2014 for all four species.

3.5. Deviation from the Calanoida mean

The biomass of the four dominant zooplankton taxa in different years (means from all stations for *Acartia* spp., *Pseudocalanus* spp., *T. longicornis*, and *C. hamatus*) was compared with the long-term mean by season (spring and summer), zooplankton size fraction (NP+C3 and C4+AD), and geographical region (Fig. 8). Intra-annual differences among geographical regions were not statistically significant for the small or large fractions (nested-ANOVA, geographical area



**Figure 7**

Mean biomass of the four zooplankton taxonomic groups (*Acartia* spp., *Pseudocalanus* spp., *T. longicornis*, *C. hamatus*) in the southern Baltic in the 2006–2014 period by geographical region (Bornholm Basin, BB; Gdansk Basin, GB; Słupsk Furrow, SF) and size fraction (small zooplankton, NP+C3; large zooplankton, C4+AD).

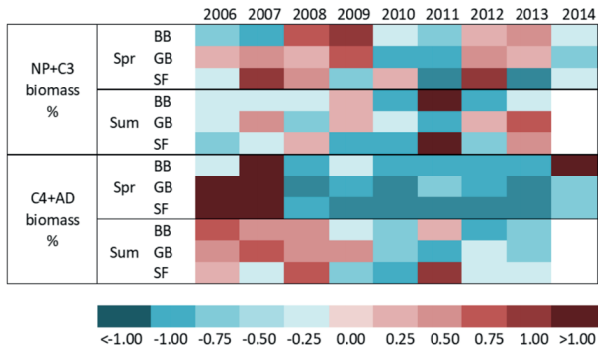


Figure 8

Relative (deviation from the mean) biomass of the four zooplankton taxonomic groups (*Acartia* spp., *Pseudocalanus* spp., *T. longicornis*, *C. hamatus*) in the 2006–2014 period by geographical region (Bornholm Basin, BB; Gdansk Basin, GB; Słupsk Furrow, SF), size fraction (small zooplankton, NP+C3; large zooplankton, C4+AD), and season (spring and summer).

nested within a year, $p = 0.251$ for NP + C1, $p = 264$ for C4+AD). Considering intra-annual variances among seasons, the biomass of both NP+C3 and C4+AD was higher in spring than in summer. The differences were statistically significant (nested-ANOVA, season nested within a year, $p < 0.001$ for NP+C3 and C4+AD).

After the 2006–2008 period a decline in zooplankton biomass was noted, especially with regard to large C4+AD zooplankton organisms. The reductions noted in the biomasses of both zooplankton size fractions after 2008 were, however, more distinct in spring than in summer.

3.6. Water temperature

The mean water temperature in the surface layer during the period between 2006 and 2014 was 9°C in spring and 17.9°C in summer. In the deep water layer the mean water temperature was 5.3°C in spring and 6.1°C in summer. The greatest inter-annual temperature fluctuations (Fig. 9) were noted in spring in the surface layer with the highest values in 2006, 2007 and 2014 and the lowest in 2010 and 2011. The smallest inter-annual fluctuation was noted in the surface layer in summer.

3.7. Larval and juveniles of cod growth rate index and environmental conditions

The statistically significant correlation in spring was found for GR index and biomass of whole fraction of NP+C3 zooplankton, specifically for *T. longicornis*

Table 2

The results of correlation analysis (r values) for the relationships between the GR index and environmental variables (zooplankton biomass and water temperature) and between zooplankton biomass and surface temperature. Mean annual values were used for each of the relationships. The analysis covers the period between 2006 and 2014 (spring $n = 34$; summer $n = 60$). *Pseudocalanus* spp. (P), *Temora longicornis* (T), *Acartia* spp. (A), *Centropages hamatus* (C) and temperature (T), and all four zooplankton groups together (All). Significance levels: * $p < 0.05$.

| Season | Parameter | Zooplankton biomass | | | | | T (°C) |
|--------|--------------|---------------------|-------|-------|-------|-------|--------|
| | | All | P | T | A | C | |
| Spring | NP+C1 | | | | | | |
| | %GR_cod | 0.42* | 0.29 | 0.40* | 0.24 | 0.44* | 0.15 |
| | T (°C) | 0.37* | 0.46* | 0.15 | 0.04 | 0.01 | |
| | C4+AD | | | | | | |
| | %GR_cod | 0.06 | 0.39* | 0.03 | 0.16 | 0.15 | 0.15 |
| | T (°C) | 0.58* | 0.15 | 0.62* | 0.54* | 0.59* | |
| Summer | NP+C1 | | | | | | |
| | %GR_cod | 0.02 | 0.01 | 0.04 | 0.05 | 0.08 | 0.13 |
| | T (°C) | 0.35* | 0.27* | 0.28* | 0.09 | 0.38* | |
| | C4+AD | | | | | | |
| | %GR_cod | 0.22 | 0.17 | 0.14 | 0.17 | 0.13 | 0.13 |
| | T (°C) | 0.29* | 0.04 | 0.35* | 0.00 | 0.38* | |

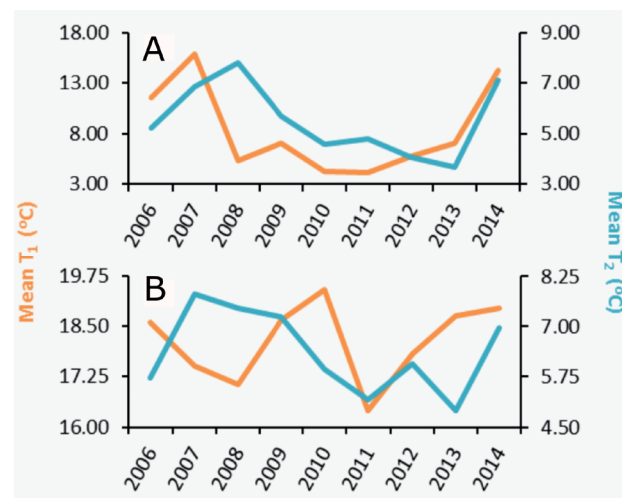


Figure 9

Long-term temperature variations (means for all stations in a given year) by two water layers (surface layer above the thermocline; deep water layer below the thermocline). (A) spring; (B) summer; T1 – average temperature from surface to thermocline, T2 – average temperature from thermocline to the bottom.

and *C. hamatus*. Among four distinguished groups of C4+AD zooplankton fraction only *Pseudocalanus* spp. had significant ($p < 0.05$) correlation with GR index of cod larvae and juveniles in the area studied (Table 2; S5). No statistically significant correlation was determined for the GR index of the early developmental stages of cod and the summer zooplankton biomass.

In terms of the surface water temperature, the statistically significant correlation was determined for both size fractions of zooplankton biomasses in spring as in summer (Table 2, S6). Analysing the correlation of each of the zooplankton group separately, only *Pseudocalanus* spp. in NP+C3 fraction and *T. longicornis*, *Acartia* spp., and *C. hamatus* in C4+AD size fraction proved to be statistically significantly correlated in spring with the surface water temperature. During the summer the biomass of *Pseudocalanus* spp., *T. longicornis* and *C. hamatus* in NP+C3 fraction and *T. longicornis* and *C. hamatus* in C4+AD had a significant correlation ($p < 0.05$) with the surface water temperature. No statistically significant correlation was determined for the GR index of early developmental stages of cod and the surface water temperature during both seasons studied (Table 2; S7).

4. Discussion

This study determined long-term (years 2006–2014), spatial (Bornholm Basin – BB, Słupsk Furrow – SF and the Gdańsk Basin – GB), and seasonal (spring and summer) fluctuations in the growth rate of cod larval and juvenile specimens (4.1 – 39.2 mm SL) in the southern Baltic in reference to the environmental conditions of temperature and the availability of food (zooplankton biomass). The importance of such a comparison should be viewed particularly in relation to the decline in cod larvae quantity in the Bornholm area (Köster et al. 2017) and failure of cod recruitment success (ICES, 2022) observed after years 2011–2012. The availability of published data on the growth rate of larval and juvenile cod is very restricted, which is a consequence of limited presence of cod early life stages in samples from ichthyoplankton cruises.

4.1. Growth rate

In this study the mean growth rate of larval and early juvenile cod ($n = 491$; age 2 – 136 d; SL 4.1 – 39.2 mm) was $0.25 \text{ mm/d} \pm 0.14$. Very few articles address the somatic growth rate of larval and juvenile cod from the Baltic Sea, especially the growth rate represented as a SL-at-age relationship. There is least information

available about the growth rate of Baltic cod larvae. Oeberst and Böttcher (1998) studied cod juveniles of body lengths between 20 mm and 180 mm TL, and average growth rates oscillated around 0.6 mm/d. A similar value of 0.78 mm/d was presented by Fey and Linkowski (2006) for cod juveniles between 40 mm – 153 mm. Huwer et al. (2014) reported the most comparable growth rate data for juvenile cod with body lengths that ranged between 15 mm and 57 mm SL and an age range of between 52 and 101 days (0.86 mm/d). Although it may be concluded that the growth rates of Baltic cod larvae and early juveniles observed in our study were relatively slow, the small size (mostly between 4 mm and 30 mm) of the specimens analysed should be borne in mind.

4.2. Differences between geographical regions

In this study the growth rates of larval and juvenile cod were not significantly different among the designated sub-areas of the Baltic Sea (Bornholm Basin – BB; Słupsk Furrow – SF; Gdańsk Basin – GB). Differences in larval fish growth rates among these geographical areas are not surprising, but no other data for larval or early juvenile cod are available to compare with these results.

The lack of differences in growth rates among regions corresponded to the lack of differences in zooplankton biomass. The biomass of Calanoida in the Baltic Sea is regulated by the prevailing abiotic and biotic environmental conditions including changing seasons of the year and hydrological processes in the water column and also predation by higher trophic levels. Differences in the number of Calanoida species and in the proportions among them in zooplankton assemblages occur in the different regions of the Baltic Sea (Diekmann et al. 2012; Otto et al. 2014; Daewel et al. 2014).

4.3. Seasonal differences

Although some tendency was observed towards faster growth in summer than in spring, this pattern was not confirmed when the data were analysed separately within years. The absence of a clear seasonal effect could result from too few spring-time data available for separate within-year comparisons.

The literature lacks information on the topic of differences in the larval and juvenile growth rates of cod caught in the Baltic in spring and summer seasons. Fey and Linkowski (2006) only noted differences in the residuals of size at age among sampling months in juvenile cod specimens. Samples from April were significantly lower than those collected

in other months (between December and March). Steffensen (1980), however, reported higher numbers of increments on otoliths in juvenile cod of the same length class caught in spring than in specimens caught in autumn (i.e., faster growth rates in autumn than in spring).

Considering the effect of environmental conditions in this study, the temperature in spring was lower than in summer, which would explain the lower larval growth rates in that season. The beneficial effect of temperature on larval fish growth is well-known (Otterlei et al. 1999). On the other hand, zooplankton biomass was higher in spring than in summer, which should have supported faster larval growth in spring, which it failed to do. The within-year effect of temperature seems to be more important for larval growth than the abundance of zooplankton, especially if zooplankton biomass abundance is sufficient to protect larvae from starvation.

4.4. Inter-annual differences

Significant differences in growth rates have been noted in this study for larval and juvenile cod among years, with lower growth rates between 2012 and 2014 than those between 2009 and 2011. Fey and Linkowski (2006) analysed inter-year differences in the size and age of young cod caught in the Gulf of Gdańsk between 1991 and 1995 and found no significant differences. The differences in growth rates observed in this study were not associated with temperature differences among years. There was, however, a statistically significant correlation with among-years differences in biomass of zooplankton in spring. Above all, this was the effect of the small zooplankton fraction of all species (NP+C3) and *P. elongatus* from the large zooplankton size fraction (C4+AD). The importance of the availability of zooplankton for larval fish growth is clear, and this includes the availability of appropriate zooplankton sizes since, as they grow, cod larvae feed on increasingly larger sizes of food (Jacobsen et al. 2020; Voss et al. 2003; Zuzarte et al. 1996). The condition of juvenile cod in spring is therefore regulated by the availability of the appropriate sizes of zooplankton, the bottom-up process, while in summer juvenile specimens regulate zooplankton biomass, the top-down process (Jacobsen et al. 2019).

In the 1980s climate change caused a rapid decrease in salinity and an increase in mean water temperature in the Baltic Sea environment, and this so-called regime shift triggered changes in the biomass of two main zooplankton groups. Rapid declines in the biomass of the then dominant, *Pseudocalanus acuspes* were accompanied by increased

Acartia spp. biomass (Möllmann et al. 2005, 2008; Otto et al. 2020). This phenomenon was also observed in our data for the period 2006-2014.

Larval cod are not uniformly dispersed in the water column (Huwert et al. 2011). Cod larvae hatch at depths of > 50 m and from here move to shallower zones to begin feeding on nauplii (Huwert et al. 2011). It is important at the moment when exogenous feeding begins that the larvae have food of the appropriate size. The highest density of larval cod in the northern part of the BB in August 2007 was at 25 m to 40 m (Huwert et al. 2011), which corresponded with the depths at which they shift to exogenous feeding (Schmidt and Hinrichsen 2008). Strategically, larval cod begin foraging before the yolk-sac is fully resorbed (Biernaczyk et al. 2016; Jacobsen et al. 2020). In some parts of the Atlantic, such as the Faroe Plateau, larval cod feed on phytoplankton and Calanoida eggs until the yolk-sac is fully resorbed (Jacobsen et al. 2020), while in the BB phytoplankton is not a appropriate food for larval cod, which is likely the result of the lack of spatial and temporal co-occurrence (Zuzarte et al. 1996; Voss et al. 2003). Calanoida copepods are the preferred food of larval and juvenile cod (Economou, 1991; Zuzarte et al. 1996; Voss et al. 2003). In the early stage, larval cod prefer Calanoida nauplii, while older larval and juvenile cod forage on progressively old developmental copepod stages (Jacobsen et al. 2020). Hüsey et al. (1997) reported that copepods were an element of the diets of juvenile Baltic cod up to 70 mm in length. As cod body size increases, the share of copepods in its diet also decreases as the fish shift from pelagic food to inhabiting the bottom. Baltic cod transitioned from pelagic to benthic habitats at a body length of approximately 50 mm (Hüsey et al. 1997).

Köster et al. (2017) observed a decline in the abundance of larvae in BB in between 2012 and 2014, especially in August. That situation could have an influence on the decline in recruitment success. In the following years, there was a drastic drop in value of recruitment to roughly 1.8 billion in 2015 from approximately 5 billion in 2011 and 2012 (ICES, 2022). The decrease in the GR index of larvae and juvenile cod observed in this study between 2012 and 2014 may not be the direct cause of the reduction in recruitment, but its influence cannot be excluded.

5. Conclusion

The average growth rate for all specimens was 0.25 mm/d, with significantly lower values between 2012 and 2014 than between 2006 and 2011. The reduction in growth rate of cod larvae and juveniles could be



the consequence of changes observed in zooplankton structure during the 2006-2014 period as the reduced contribution of *T. longicornis* and *C. hamatus*, and *Pseudocalanus* spp., was accompanied by the increased contribution of *Acartia* spp. It is an open question how strong the consequences of changes in zooplankton community structure and larval growth rate might be for stock recruitment, as well as other possible factors affecting recruitment. One may assume, however, that the link is of some importance, considering observed stock recruitment decrease between 2013 and 2015.

Conflict of interest

The authors declare that they have no conflict of interest.

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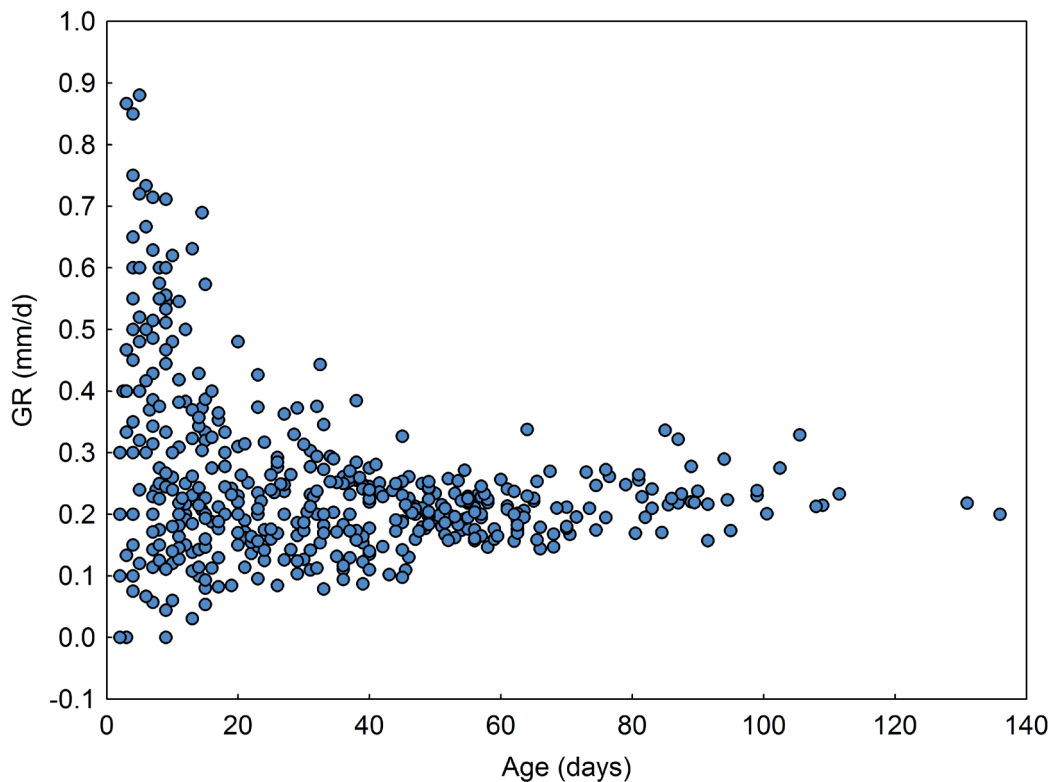
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Supplementary materials

S1

The list of all cruises conducted during research period 2006-2014 and an inventory of collected samples.

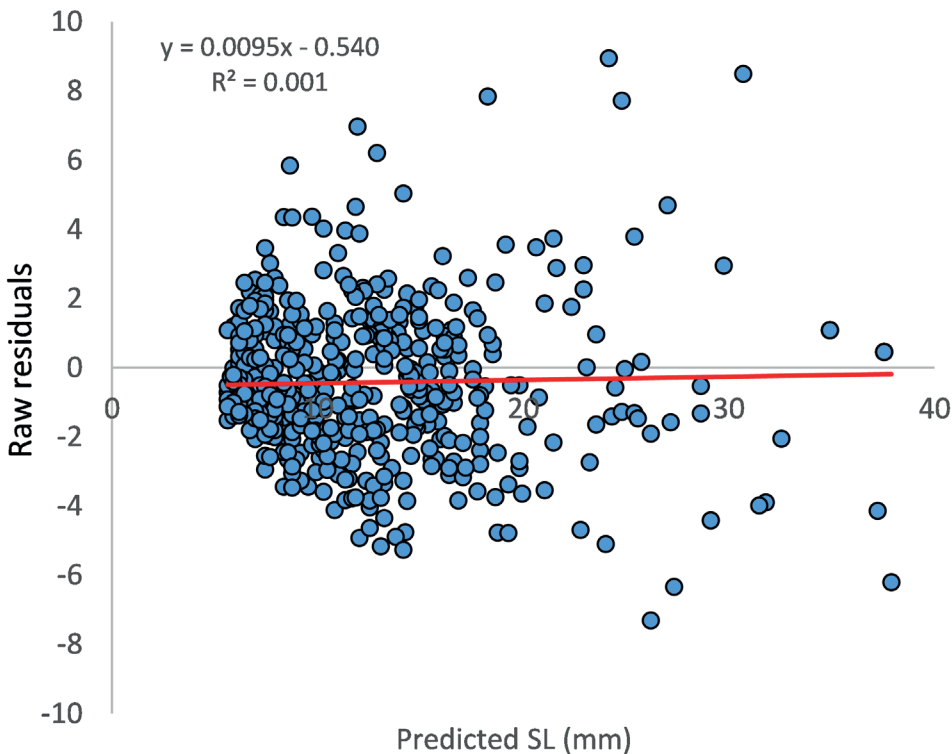
| N° | Year | Start | Stop | N° of zooplankton samples | N° of ichthyoplankton samples |
|-----|------|------------|------------|---------------------------|-------------------------------|
| 1. | 2006 | 18.04.2006 | 28.04.2006 | 22 | 0 |
| 2. | | 26.06.2006 | 07.07.2006 | 22 | 25 |
| 3. | | 14.08.2006 | 25.08.2006 | 18 | 28 |
| 4. | 2007 | 14.06.2007 | 25.06.2007 | 26 | 0 |
| 5. | | 16.08.2007 | 27.08.2007 | 20 | 15 |
| 6. | 2008 | 17.04.2008 | 28.04.2008 | 22 | 7 |
| 7. | | 22.08.2008 | 31.08.2008 | 24 | 33 |
| 8. | 2009 | 29.04.2009 | 09.05.2009 | 22 | 1 |
| 9. | | 14.08.2009 | 25.08.2009 | 16 | 4 |
| 10. | 2010 | 04.05.2010 | 14.05.2010 | 18 | 0 |
| 11. | | 16.08.2010 | 31.08.2010 | 18 | 12 |
| 12. | 2011 | 05.05.2011 | 13.05.2011 | 14 | 1 |
| 13. | | 18.08.2011 | 28.08.2011 | 20 | 27 |
| 14. | 2012 | 12.05.2012 | 16.05.2012 | 20 | 19 |
| 15. | | 20.08.2012 | 27.08.2012 | 20 | 21 |
| 16. | 2013 | 10.05.2013 | 20.05.2013 | 22 | 25 |
| 17. | | 14.08.2013 | 24.08.2013 | 20 | 10 |
| 18. | 2014 | 16.06.2014 | 23.06.2014 | 18 | 10 |
| 19. | | 18.08.2014 | 23.08.2014 | - | 5 |



S2

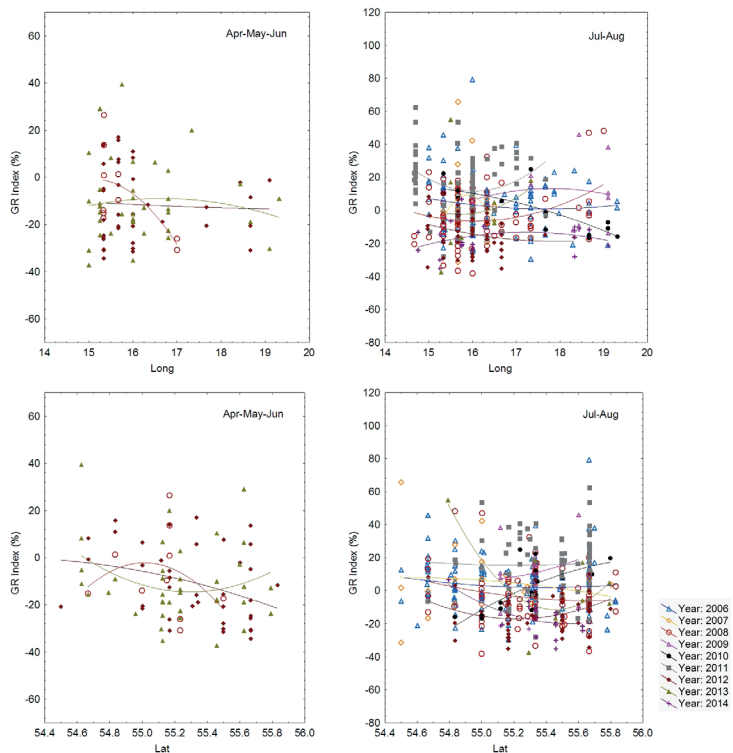
Mean growth rates of larval and juvenile cod in the southern Baltic in the 2006-2014 period. Each point represents the values of an individual specimen.





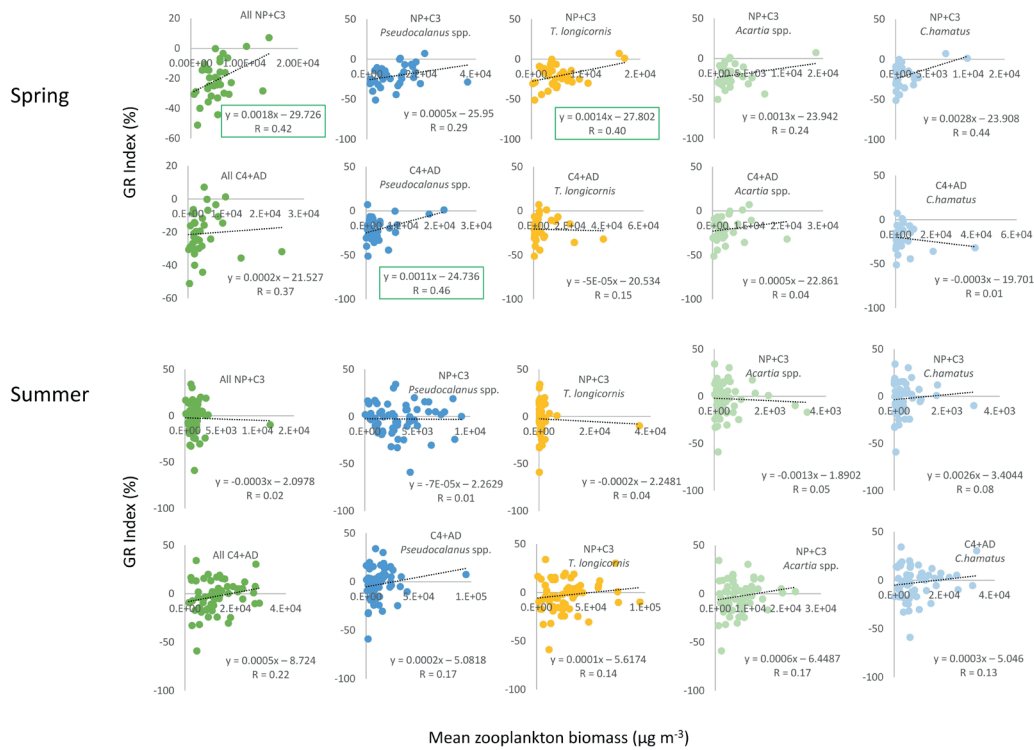
S3

Residuals of the SL-at-age relationship described with 4th order polynomial function.



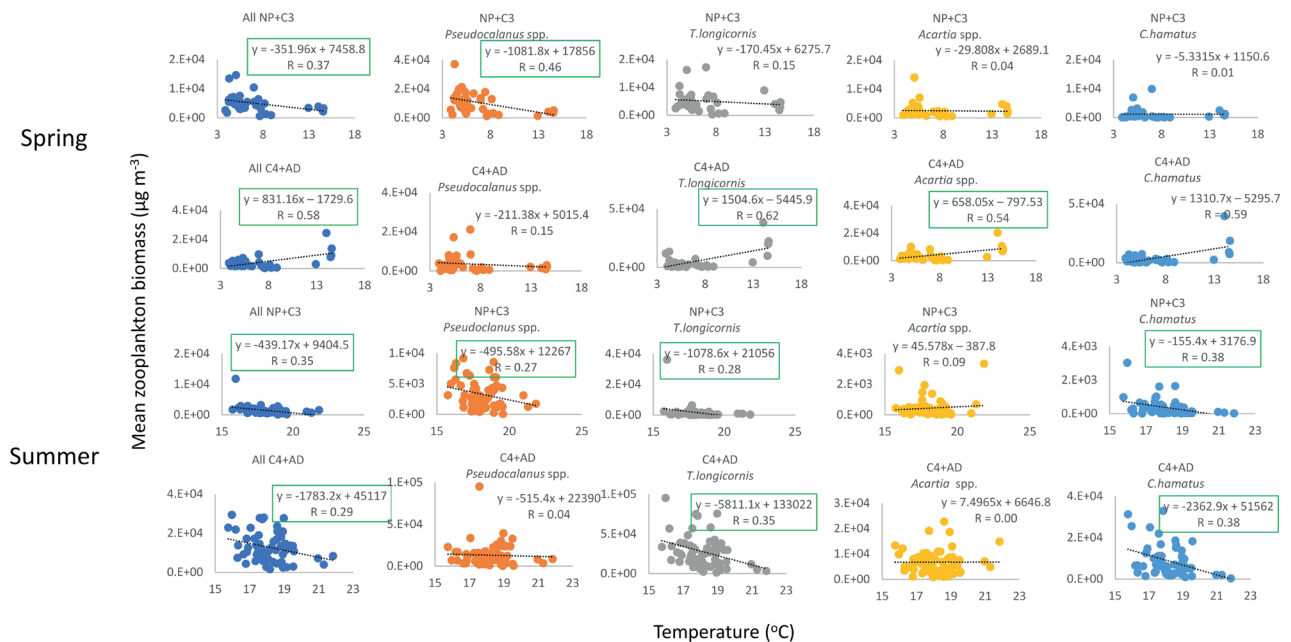
S4

Geographical differences in the GR index (%) along longitude and latitude in spring and summer.



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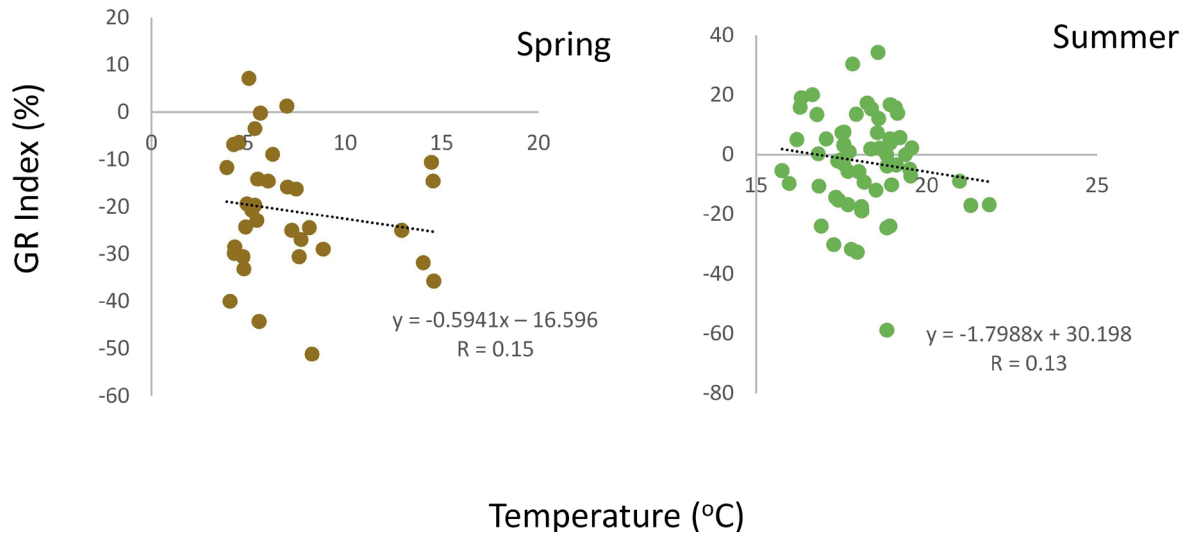
The relationships between the GR index and zooplankton biomass in spring and summer. Mean values for station are presented. Green squares indicate $p < 0.05$.



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The relationships between the zooplankton biomass and surface water temperature in spring and summer. Mean values for stations are presented. Green squares indicate $p < 0.05$.



**S7**

The relationships between the GR index and surface water temperature in spring and summer. Mean values for station are presented.